

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

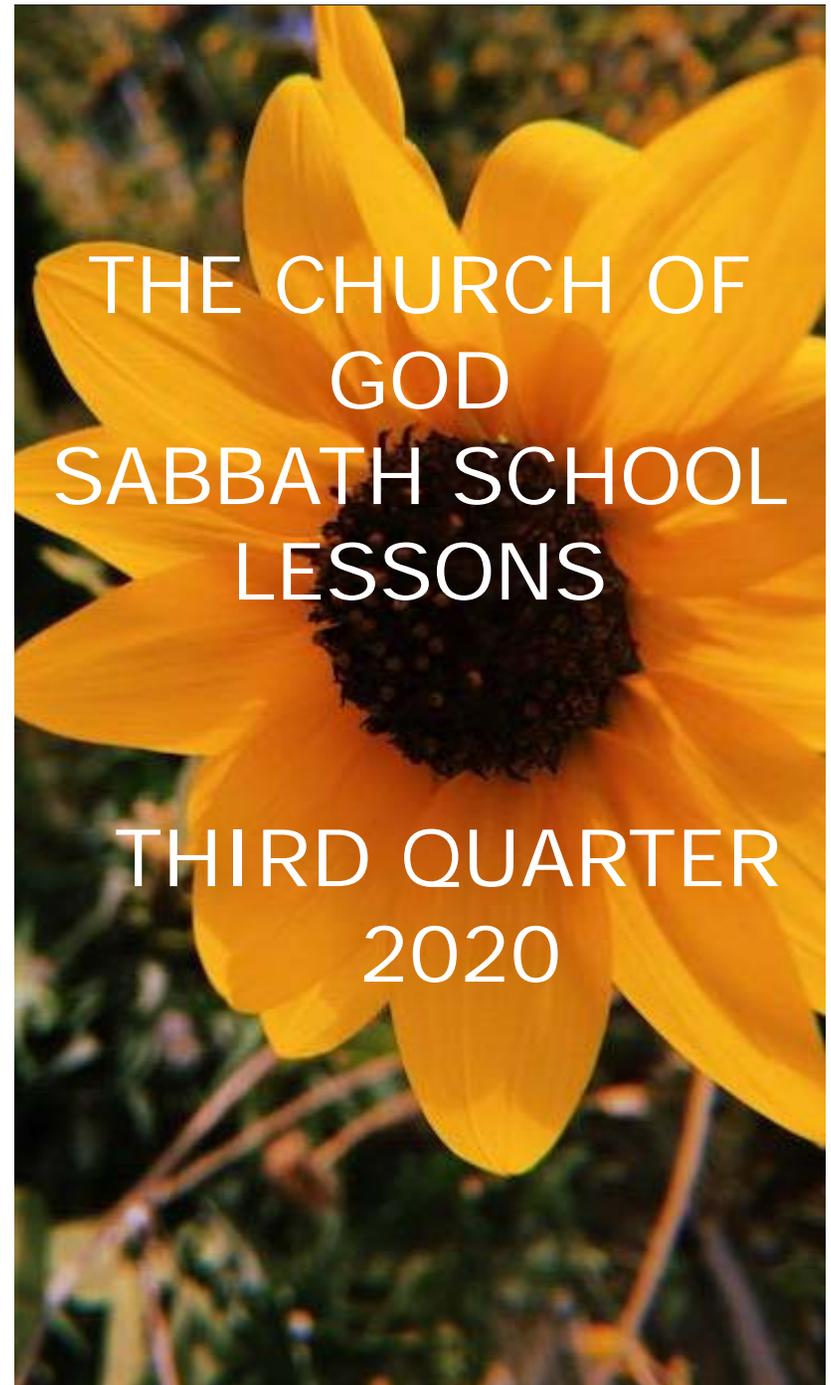
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



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IN THIS QUARTERLY

The heart is mentioned in Scripture many, many times and some of the references are not positive. (See Genesis 6:5). But elsewhere the verse is encouraging. (See Psalm 40:8). We will study the heart, what it means to be holy and the holy things that we read about.

For someone or something to be holy means that he or it are set aside for a specific reason or use. We read in Leviticus 11:45 that we are to be holy for the Lord is holy. Let us keep His law in our heart, like King David, while we strive for this holiness.

References to Jesus, and by Jesus, are part of our studies in addition to God, the Holy Spirit and Man.

Lesson For Sabbath, July 4, 2020

THE HEART

Scripture Reading: Deuteronomy 9.

Golden Text: Psalm 7:9.

1. Prior to the Flood, what did God see in the earth? Genesis 6:5, 13; 8:21.

2. How does this compare with the tower of Babel? Genesis 11:5-6.

NOTE: The words imagination and imagined are used in these verses and man tends to lean toward evil.

3. What are we told about the men of Sodom? Genesis 13:12-13.

4. What will conditions be like when the Son of man is revealed? Luke 17:26-30.

5. What is in the heart of them that imagine evil? Proverbs 12:20.

6. Why is the heart of the sons of men fully set in them to do evil? Ecclesiastes 8:11.

7. Did Jesus know men's thoughts? Matthew 9:4; 12:34.

8. What proceeds out of the heart? Matthew 15:19; Mark 7:21.

9. What instructions does Zechariah give us? Zechariah 7:10; 8:17.

10. How does Joel tell us to make things right? Joel 2:12-13.

Lesson For Sabbath, July 11, 2020

THE HEART, PART 2

Scripture Reading: Psalm 10.

Golden Text: Psalm 31:24.

1. What did God put in David's heart? Psalm 4:7.
2. Besides binding up their wounds, what else does the Lord do for His people? Psalm 147:1-3.
3. Instead of sacrifice, what does God desire? Psalm 51:16-17; 34:18.
4. Does the counsel of the Lord and the thoughts of His heart change? Psalm 33:11, 21-22.
5. When David cries out to the Lord, what does he ask concerning his heart? Psalm 141:1-4.
6. If we are upright in heart, what will happen? Psalm 36:10.
7. What example does David give us when praising the Lord? Psalm 138:1-2; 111:1.
8. Where did David say God's law was located? Psalm 40:7-10.
9. How did Samuel refer to David? I Samuel 13:13-14; Psalm 89:20.
10. Of what are we warned? Jeremiah 17:9-10; Proverbs 17:3.

Lesson For Sabbath, July 18, 2020

HOLY THINGS AND PEOPLE

Scripture Reading: Exodus 3:1-14.

Golden Text: Leviticus 11:45.

1. How are sections of the tabernacle described? Exodus 26:31-34.
2. Why were holy garments made for Aaron? Exodus 28:1-2.
3. Besides the mitre, what else went on Aaron's head? Exodus 28:36-38; 29:6.
4. When given instructions, what is the Sabbath called? Exodus 16:23.
5. How does this verse compare to Genesis 2:3?
6. How does the commandment start? Exodus 20:8.
7. How will we know we are keeping the Sabbath holy? Exodus 20:9-11.
8. What do we learn about Jerusalem in Zechariah 8:3?
9. What other name is given to God's Spirit? Matthew 1:18, 20; 3:11.
10. How was Zacharias able to prophesy? Luke 1:57, 67-69.

Lesson For Sabbath, July 25, 2020

HOLY THINGS AND PEOPLE, PART 2

Scripture Reading: Luke 1:1-25.

Golden Text: Proverbs 9:10.

1. When Mary asked Gabriel to explain how what he was telling her was possible, what was his reply? Luke 1:26-31, 34-35.
2. After Zacharias was able to speak, who else did he call holy? Luke 1:70.
3. During Paul's day how did the Jews refer to the temple? Acts 21:27-28.
4. When Peter gives his sermon, what are some of the names he calls Jesus? Acts 3:12-15.
5. In what name are signs and wonders done? Acts 4:23-31.
6. Does Stephen remind the people about Moses and a miraculous event? Acts 7:29-33; Exodus 3:1-4.
7. What does Paul write about the Scriptures? Romans 7:7-12.
8. How about the law and the commandment? Romans 7:7-12.
9. Are the grafted in branches holy? Romans 11:13-17.
10. How are we to present ourselves? Romans 12:1-2.

Lesson For Sabbath, August 1, 2020

OUR STRUGGLE

Scripture Reading: Galatians 5:1-16.

Golden Text: Psalm 92:12.

1. What does the flesh lust against? Galatians 5:17 (first part).
 2. What does the Spirit contend with? Galatians 5:17 (second part).
 3. Why? Galatians 5:17 (balance of verse).
 4. How did Paul write about this struggle to the Romans? Romans 7:14-20.
 5. If we are led by the Spirit what happens? Galatians 5:18.
- NOTE: The law still exists, but because we are obedient it is not against us.*
6. How are the works of the flesh manifested? Galatians 5:19-21.
 7. What will happen in the last days? II Timothy 3:1-5.
 8. Are we tempted by God? James 1:13.
 9. Then, how are we tempted? James 1:14-15.
 10. From whence come wars and fightings? James 4:1-3.

Lesson For Sabbath, August 8, 2020

OVERCOMING

Scripture Reading: Galatians 6.
Golden Text: Proverbs 18:19.

1. What is the fruit of the Spirit? Galatians 5:22-23.
2. What have those who display such fruit accomplished? Galatians 5:24.
NOTE: Therefore we struggle to bear the fruit of the Spirit and not have any part with the works of the flesh.
3. How does Peter write about this? II Peter 1:1-4.
4. Does he describe similar growth? II Peter 1:5-8.
5. How do we show love toward Jesus? John 14:15.
6. Who will have us if we keep the commandments? John 14:21-23.
7. What does Paul share with Timothy about a crown? II Timothy 4:7-8.
8. If we endure temptation what will we receive? James 1:12.
9. How does Peter exhort the elders and what will they receive? I Peter 5:1-4.
10. Of what are we warned? Revelation 3:11.

Lesson For Sabbath, August 15, 2020

JESUS CAME TO SAVE ALL MANKIND

Scripture Reading: Matthew 1:1, 17-25.
Golden Text: John 3:17.

1. Why was Jesus born? Matthew 1:21.
NOTE: His "people" in verse 21 does not mean Israelites only. See John 12:46-47.
2. Where did He send His disciples first? Matthew 10:5-6.
3. After His resurrection what do we learn? Matthew 28:16-19 (the first part).
4. What were His final instructions before ascending into heaven? Acts 1:6-9.
5. After Peter met with Cornelius, what did he realize? Acts 10:34-35.
6. What happened while Peter was preaching? Acts 10:44 to 11:1.
7. Did the Apostle Paul come to the same conclusion? Acts 28:23-28.
8. Who is the vine? John 15:1, 5-7.
NOTE: Israel is not the vine. Jesus is the true vine.
9. What happened to the natural branches (Israel)? Romans 11:17-21.
NOTE: The Gentiles were grafted in for a select period of time. See Romans 11:25.
10. Who makes up the great multitude of Revelation 7? Revelation 7:9-14.

Lesson For Sabbath, August 22, 2020

HOW OTHERS REFER TO JESUS

Scripture Reading: Deuteronomy 18:1-15.

Golden Text: Revelation 17:14.

1. What did Moses call Jesus? Deuteronomy 18:15-18.
2. How are Jesus and false prophets compared? Deuteronomy 11:19-22.
3. What did Israel write about our Lord and Saviour? Isaiah 9:6-7.
4. While Paul said he was the "chief" sinner (I Timothy 1:15) how does Peter write about Jesus? I Peter 5:4; Hebrews 13:20.
5. How did the following people refer to Christ? (Discuss):
 - a. Apostle John, John 1:1, 9-10.
 - b. John the Baptist, John 1:29, 34.
 - c. Nathanael, John 1:47-49.
 - d. Peter, John 6:67-69.
 - e. Thomas, John 20:24-28.
 - f. Apostle John, John 20:30-31.

Lesson For Sabbath, August 29, 2020

HOW JESUS REFERS TO HIMSELF

Scripture Reading: John 14:1-15.

Golden Text: Psalm 86:11.

1. When Jesus says He is the "door", what is He the door to? John 10:1-7.
2. What kind of a Shepherd is Jesus? John 10:8-11.
3. How else is a good shepherd described? John 10:12-15.
4. Are the Israelites the only flock? John 10:16.

NOTE: The "other" sheep are the great multitude of Revelation 7:9, the Gentiles.
5. What does Jesus call Himself in John 15:1-5?
6. How does Jesus present Himself in John 6:24-35, 48-51?
7. What did Christ confirm for the Samaritan woman at the well? John 4:25-26.
8. Before meeting her at the well what did He tell His disciples? Luke 9:18-21.

NOTE: Christ means the anointed one, the Messiah.
9. Does Jesus illuminate our way? John 8:12.
10. How is He related to God? Luke 1:30-33; John 14:28.

Lesson For Sabbath, September 5, 2020

N.T. VERIFICATION OF O.T. CHARACTERS

Scripture Reading: Hebrews 11.

Golden Text: Romans 15:4.

NOTE: Some suggest the Bible is fiction and the Characters are made up, especially in the Old Testament but, they are referenced in the New Testament.

1. Daniel - Daniel 1:1-3, 6; Daniel 9:27; Matthew 24:15; Mark 13:14.
2. Jonah - Jonah 1:1-3, 15-17; Mathew 12:39-40.
3. Elijah - I Kings 17:1; Luke 4:25-27.
4. Jeremiah - Jeremiah 1:1-5; Matthew 16:13-16.
5. Moses - Exodus 2:1-10; John 1:45; Hebrews 3:3.
6. Abraham - Genesis 12:1-3; John 8:52-58; James 2:23.
7. Isaiah - Isaiah 1:1-4; 29:13; Mark 7:5-8.
8. David - I Samuel 16:1, 4-13; Matthew 12:1-4.
9. Rahab - Joshua 2:1, 4; Hebrews 11:31.
10. Noah - Genesis 6:5, 8-11; Luke 17:22-26; I Peter 3:20.

Lesson for Sabbath, September 12, 2020

GOD

Scripture Reading: John 10:23-42.

Golden Text: John 5:36.

1. Where is God? Luke 11:2 (first part); Matthew 5:48; 23:9.
2. Where did Jesus come from? John 6:38, 50-51, 58.
3. Has anyone gone to heaven? John 3:13; Acts 2:29,34; Ecclesiastes 9:5-6.
4. Has any man seen God? John 1:18; 5:37; I John 4:12; Deuteronomy 4:15.
5. Does Moses explain why no man has seen God? Deuteronomy 4:15-19.

NOTE: To recap -- God, who is in heaven has neither been seen or heard by any man, and only Jesus, who came from heaven, is the only one to go to heaven.

6. Why did Jesus come into the world? I Timothy 1:15; John 3:17.
7. Why else? John 5:30; 6:39.
8. Because? John 14:28-31.
9. What does Jesus ask God to restore? John 17:1-5.
10. What will Jesus deliver up to the Father? I Corinthians 15:20-28.

Lesson For Sabbath, September 19, 2020

MAN

Scripture Reading: Psalm 8.

Golden Text: Genesis 1:26.

1. From where did man come? Genesis 2:7,18,21-24;1:27.
2. While Adam was made in the image of God, what happened? Romans 5:12.
3. During man's existence on the earth, what would he experience? Genesis 3:16-19.
4. Does man have a chance for eternal life? I Timothy 1:15; Romans 5:13-15.
5. Does David marvel at God's thinking? Psalm 8:4-9.
6. Did Jesus become man? Hebrews 2:9, 14-16.
7. Is it alright to deny that He came in the flesh? I John 4:1-3.
8. If we are obedient, what can happen? I Corinthians 15:51-57.
9. When that happens who will we look like? I John 3:2.
10. What is the whole duty of man? Ecclesiastes 12:13-14.

Lesson For Sabbath, September 26, 2020

HOLY SPIRIT

Scripture Reading: John 14.

Golden Text: Acts 2:38.

NOTE: The Holy Spirit is not a person. It is the power of God.

1. What do we read in the early verses of Genesis? Genesis 1:1-2.
 2. How did the Israelites know how to make the holy garments for Aaron? Exodus 28:1-3.
 3. How were the workmen able to build the tabernacle? Exodus 31:1-6; 35:30-35.
 4. When Moses complained to the Lord what was done? Numbers 11:10-11, 16-17.
 5. How did Mary, a virgin, conceive the child Jesus? Matthew 1:18-25.
- NOTE: Holy Ghost is another description for the Holy Spirit.*
6. What is God? John 4:24.
 7. What are we considered to be if we are led by His Spirit? Romans 8:14.
 8. What does Paul write to the Corinthians concerning the Holy Spirit? I Corinthians 2:9-14.
 9. Does Paul pray for spiritual gifts for the Ephesians? Ephesians 1:15-17.

10. Ultimately, what will the Holy Spirit do for us? Romans 8:11.