

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

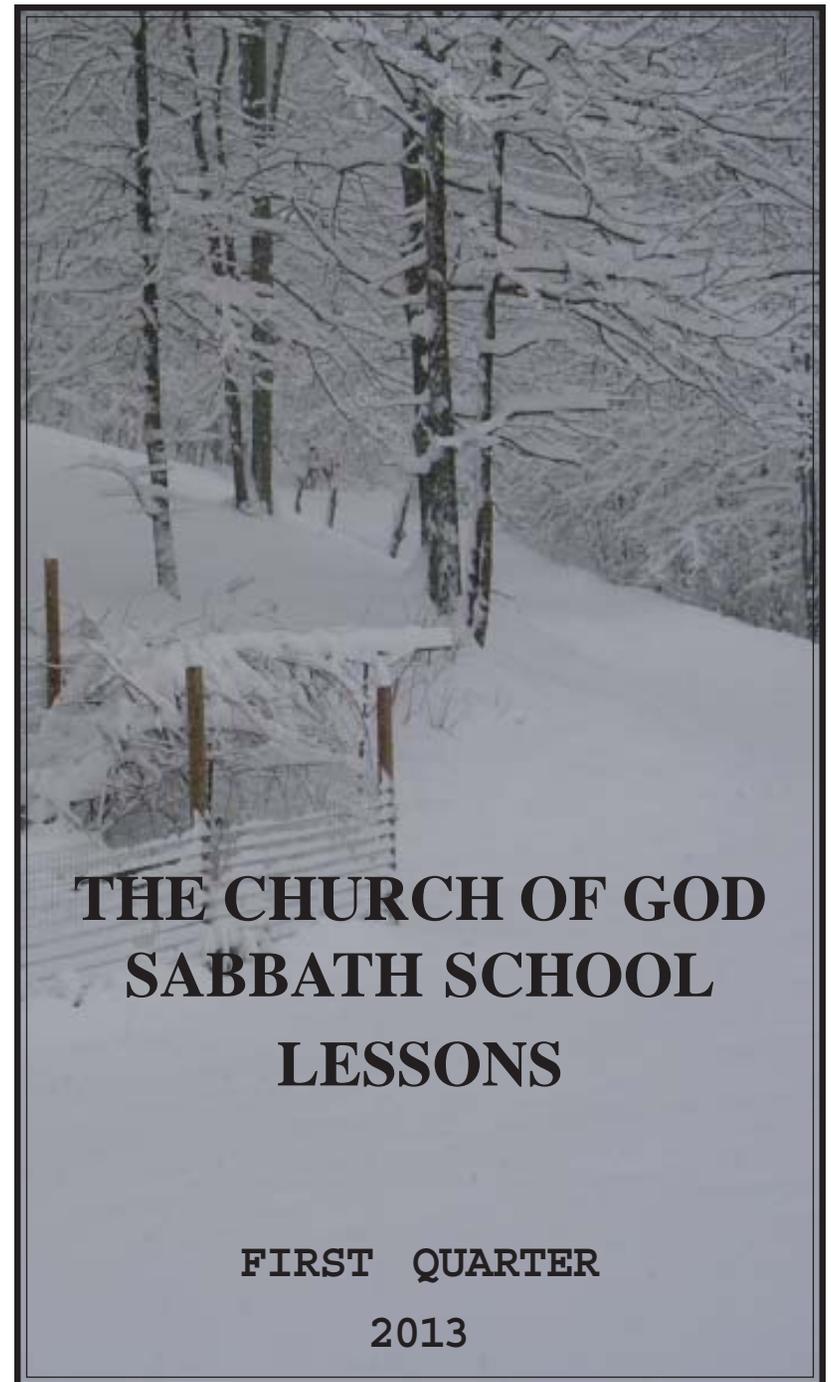
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



THE CHURCH OF GOD SABBATH SCHOOL LESSONS

FIRST QUARTER

2013

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IN THIS QUARTERLY

Covenants, Promises and Blessings

During the course of our history, God has made covenants with us. In addition, we learn that we can count on His promises and enjoy His blessings. His prophecies are sure and we can count on His Word. In Hebrews 6:18 we read that it is impossible for God to lie. While we learn He confirmed His promise with an oath we are instructed to simply let our yes be yes and our no mean no (James 5:12). If we would only learn to believe and trust in Him, how much better our lives would be, now and in the future.

Lesson For Sabbath, January 5, 2013

ADAM AND NOAH

Scripture Reading: Genesis 2:7-20.

Golden Text: Genesis 1:28.

NOTE: While we may not consider certain consequences as promises, we can know assuredly that our actions will bring predicted results with God.

1. Adam and Eve - If they were to eat from the forbidden tree what was "promised"? Genesis 2:17.
 2. What did the serpent say to Eve? Genesis 3:4.
 3. Did Adam and Eve suffer for their actions? Genesis 3:16-19, 22-24.
 4. Did Adam die or was what the Devil said, the truth? Genesis 5:1-5; John 8:44.
 5. What did God see during Noah's time on the earth? Genesis 6:1-3, 5-7.
 6. Did God make a covenant with Noah? Genesis 6:18-22.
 7. Why did God choose Noah? Genesis 6:8-9.
- NOTE: God gave dominion of the earth to man under Adam. He still wanted it that way and continued His plan with Noah.*
8. Did God tell Noah what was going to happen? Genesis 6:17; Amos 3:7.
 9. Did it happen the way God said? Genesis 7:17-23.
 10. What other promise does God make? Genesis 8:20-22.
 11. Do we read about a covenant again with Noah? Genesis 9:1,7-13.

Lesson For Sabbath, January 12, 2013

ABRAM

Scripture Reading: Genesis 10:1-10.

Golden Text: Genesis 11:6.

1. What is said of Nimrod? Genesis 10:8-9.

NOTE: Nimrod was more concerned about establishing himself and his kingdom than serving God.

2. During that time, what did man propose to do? Genesis 11:1-4.

3. How did God see their actions? Genesis 11:5-6.

4. What actions did God take in response to man's construction plan? Genesis 11:5-9.

5. Who are some of the people we read about in Abram's blood line? Genesis 11:10-12, 23-26.

6. Where did Terah, Abram's father, take the family? Genesis 11:31.

NOTE: He was to take the family to Canaan but stopped and stayed in Haran. He did not complete his journey, and he died in Haran, a center of a moon god cult (Unger's).

7. What did the Lord tell Abram? Genesis 12:1-3.

8. What promise was made to Abram? Genesis 12:4-7.

9. When famine came, what did Abram do? Genesis 12:10.

NOTE: Abram left Canaan apparently forgetting, or not believing, God's promise and went to Egypt.

10. Finally, what did Abram do? Genesis 13:1-4.

Lesson For Sabbath, January 19, 2013

ABRAM BECOMES ABRAHAM

Scripture Reading: Genesis 13.

Golden Text: Romans 4:13.

1. Did the Lord reassure Abram about His promise? Genesis 15:1-5.

2. Did Abram believe the Lord? Genesis 15:6; James 2:23.

3. What did the Lord say to Abram while he was in a deep sleep? Genesis 15:12-13.

4. What was foretold about Egypt? Genesis 15:14; Exodus 4:21-23.

5. What else happened in that same day? Genesis 15:18-21.

6. When Abram was 99 years old, what do we learn? Genesis 17:1-5.

7. Was the covenant to be with only Abraham? Genesis 17:6-8.

8. What act confirmed this covenant? Genesis 17:9-14.

NOTE: The physical promised land was confirmed with a physical act. Today, baptism confirms our understanding as we await the kingdom.

9. Was this covenant established with Ishmael or Isaac? Genesis 17:15-19.

10. What was Abraham told about Ishmael? Genesis 17:20-27.

Lesson For Sabbath, January 26, 2013

ISAAC AND ISHMAEL

Scripture Reading: Genesis 18:1-19.

Golden Text: Luke 1:37.

1. What is Isaac called? Acts 7:5; Romans 9:8-9.

NOTE: Like the land, an heir was promised. Therefore, Isaac can be called a son of promise.

2. Did the Lord keep His promise? Genesis 21:1-4.

3. After Isaac is born, what does Sarah tell Abraham to do? Genesis 21:9-10.

4. How did this affect Abraham? Genesis 21:11.

5. What did God say to him about his two sons? Genesis 21:12-13.

6. What did the Apostle Paul write about Ishmael and his mother Hagar? Galatians 4:22-25.

7. How does Paul compare us with Isaac? Galatians 4:26-28.

8. Will the son of the bondwoman be an heir with the son of the freewoman? Galatians 4:29-31.

9. After Hagar was cast out, what happened? Genesis 21:14-21.

10. Did the Lord confirm His covenant with Abraham and his seed? Genesis 22:15-18.

NOTE: Obedience played an important role in Abraham's relationship with God as it should ours.

Lesson For Sabbath, February 2, 2013

THE COVENANT CONTINUED

Scripture Reading: Genesis 25.

Golden Text: Genesis 12:3.

1. Did the Lord again confirm the covenant with Isaac? Genesis 26:1-4.

NOTE: We will read that these covenants were repeated and reconfirmed several times.

2. What reason was given to Isaac that he would be blessed? Genesis 26:5.

NOTE: Abraham is a key figure in the Bible, and his legacy also includes faith and obedience.

3. When Isaac sowed in the land, what happened? Genesis 26:12-14.

4. Do we read about the covenant again? Genesis 26:23-25.

5. Did Isaac make a covenant with Abimelech? Genesis 26:26-31.

6. When Esau took Judith as his wife, did it please his father and mother? Genesis 26:34-35.

7. What had Esau done previously? Genesis 25:29-34.

8. After selling his birthright, what else happened to Esau? Genesis 27:1-10, 34-36.

9. How did Esau react? Genesis 27:41-43.

10. Before Jacob left, what did Isaac tell him? Genesis 28:1-4.

NOTE: Esau despised his birthright and sold it, married someone he should not have, and displeased his parents. Afterwards he wanted to murder his brother. We should not be surprised when we read in Romans 9:13, "As it is written, Jacob have I loved, but Esau have I hated."

Lesson For Sabbath, February 9 , 2013

JACOB

Scripture Reading: Genesis 28:5-22.

Golden Text: Genesis 31:3.

1. Did the angel of God speak to Jacob in a dream? Genesis 31:11-13.
2. What did Rachel steal from her father? Genesis 31:17-19.
3. After Jacob left, did God come to Laban in a dream? Genesis 31:20-24.
4. What was Laban looking for after he caught up with Jacob? Genesis 31:27-30.
5. What had Rachel done with the images? Genesis 31:34.
6. What does Jacob say to Laban? Genesis 31:36-42.
7. Did Jacob made a covenant with Laban? Genesis 31:43-44, 50-55.
8. When Jacob went on his way, who met him? Genesis 32:1-2.
9. What did Jacob do next? Genesis 32:3-5.
10. What was his concern? Genesis 32:7.

Lesson For Sabbath, February16, 2013

ISRAEL

Scripture Reading: Genesis 32:9-32.

Golden Text: Genesis 32:28.

1. Did God tell Jacob (Israel) to go up to Bethel? Genesis 35:1-3.
2. When Jacob and his household journeyed, what happened in the cities round about them? Genesis 35:5.
3. Do we read about the promised land again? Genesis 35:6-12.
4. Why does Jacob love Joseph more than all his other children? Genesis 37:1-3.
5. When there is a terrible famine in the land, what does Jacob tell his other sons to do? Genesis 42:1-2.
6. Even though his brothers had treated him badly, how did Joseph look at the situation? Genesis 45:1-7; 50:15-21.
7. What happens after he reveals himself to his brothers? Genesis 45:9,16; 46:1-4.
8. How many souls made up the house of Jacob? Genesis 46:26-27.
9. Why were they able to live in Goshen? Genesis 46:28-34.
10. Were Ephraim and Manasseh considered part of Israel? Genesis 48:1-5.

Lesson For Sabbath, February 23, 2013

MOSES

Scripture Reading: Exodus 3.
Golden Text: Hebrews 11:24.

1. When God heard Israel's groaning, what did He remember? Exodus 2:23-25.
2. What was Moses to tell Pharaoh after he returned to Egypt? Exodus 4:19-23.
3. How did Pharaoh respond to Moses's first demand? Exodus 5:1-2.

NOTE: Pharaoh was correct when he said, "I know not the Lord." Tragically he would learn too late.

4. While Moses was apprehensive about his commission, how did the Lord make Moses appear to Pharaoh? Exodus 6:28-7:1.
5. Is the Passover to be a memorial? Exodus 12:12-14.

NOTE: Since Jesus became our Passover, we commemorate this event with unleavened bread, and fruit of the vine after the foot washing. See I Corinthians 5:7; 11:23-26; John 13:4-5, 13-15.

6. What was Israel told at Marah? Exodus 15:23-26.
7. After the congregation murmured against Moses and Aaron, what was promised? Exodus 16:1-4.
8. How long did they eat this manna? Exodus 16:32-35.
9. If Israel obeyed God, how would they be regarded? Exodus 19:3-7.
10. What do we learn about the book of the covenant? Exodus 24:1-8.

Lesson For Sabbath, March 2, 2013

THE NATION OF ISRAEL

Scripture Reading: Exodus 33.
Golden Text: Psalm 29:2.

1. After Moses broke the tablets of stone, was there a second set written by the Lord? Exodus 34:1,4.
2. Did the Lord make a covenant with Israel? Exodus 34:10-11; Joshua 23:1-3.
3. Were they warned not to make a covenant with the inhabitants of the land? Exodus 34:12-17.
4. Did they obey the Lord in this matter? Psalm 106:34-38.
5. What was to be included with every meat offering? Leviticus 2:13.
6. If Israel walked in the statutes and kept the commandments, what could they expect? Leviticus 26:1-3, 5-9.
7. What was promised if they did not? Leviticus 26:14-17.

NOTE: We should learn a lesson from Israel. God always warns His people. We do have a choice, but let's hope we make the right one.

8. If they confessed their iniquity what would happen? Leviticus 26:40-46.
9. What word do we find associated with the ark? Numbers 10:33.

NOTE: The ark saved Noah, an ark housed Moses, and an ark protected the tables of stone.

10. What was in the ark of the covenant when Solomon brought it out of the city of David? I Kings 8:1,4,9.

Lesson For Sabbath, March 9, 2013

BLESSINGS

Scripture Reading: Deuteronomy 28:1-14.

Golden Text: Romans 4:8.

1. What is necessary to receive blessings? Deuteronomy 28:1; James 1:25.
2. How did the Lord refer to Abram? Genesis 12:1-2.
3. How were others to refer to Abram? Genesis 12:3.
4. What do we learn about the character of Job? Job 1:1,8; Psalm 112:1.
5. How can a man be considered blessed? Psalm 1:1; Matthew 5:3-11.
6. In what will the blessed man delight? Psalm 1:2-3; 119:97.
7. Who is a faithful and wise servant? Matthew 24:45-46.
8. If we are not offended in Christ, what will we be called? Luke 7:22-23; Psalm 119:1-2.
9. What is written about those called unto the marriage supper of the lamb? Revelation 19:9.
10. What do we read about he that hath part in the first resurrection? Revelation 20:6.

Lesson for Sabbath, March 16, 2013

CURSINGS

Scripture Reading: Deuteronomy 28:15-33.

Golden Text: Psalm 119:21.

1. Why did the curses come upon Israel? Deuteronomy 28:15.
 2. What is written about making graven or molten images? Deuteronomy 27:15.
 3. Were they told about this before? Exodus 20:23; Leviticus 26:1.
 4. Did they listen? Exodus 32:1-6.
 5. What other curses do we read about? Deuteronomy 27:16-26.
 6. What happened to the serpent? Genesis 3:14-15.
 7. As a result of sin, what happened to the ground? Genesis 3:17-19; 5:29.
- NOTE: Because of sin, everything got a lot harder. Sin brings problems and eventually death.*
8. Was Cain cursed because he killed his brother? Genesis 4:8-12.
 9. What are the priests told in Malachi? Malachi 2:1-2.
 10. What will happen if we do not tithe? Malachi 3:8-9.
 11. Was Jesus made a curse for us? Galatians 3:13.

Lesson For Sabbath, March 23, 2013

PROMISES

Scripture Reading: John 14:1-26.

Golden Text: Acts 2:39.

1. Will Jesus ever leave or forsake us? Hebrews 13:5-8.
2. If we confess Jesus before men what will He do for us? Matthew 10:32.
3. What is promised to those who have forsaken houses or brethren? Matthew 19:29.
4. If we ask the Father in Jesus' name, what are we told? John 16:23-24.

NOTE: We must realize that spiritual growth, faith and endurance should be at the top of our prayer list, and praying for others should even be put ahead of ourselves.

5. Did Jesus say He would come again? John 14:3,18.
6. Was this verified at His ascension? Acts 1:9-11.
7. Did Jesus promise to send us the Holy Spirit? Luke 24:49; John 14:16-17; Acts 1:6-8.
8. If we love the Lord, what will we receive according to James? James 1:12; 2:5.
9. Is the Lord slack concerning His promise? II Peter 3:9.
10. What are overcomers promised? Revelation 2:7,11,17,26; 3:5,12,21.

Lesson For Sabbath, March 30, 2013

NEW COVENANT OR TESTAMENT

Scripture Reading: Matthew 26:14-28.

Golden Text: Hebrews 9:15.

NOTE: Strong's Concordance records the same meaning for covenant or testament as a contract.

1. Why was it necessary for Jesus to be a mediator of a new covenant? Hebrews 8:6-7, 13.
2. Is this the same covenant that was made before? Hebrews 8:8-9.
3. What state do we find Israel in when the Old Testament is read? II Corinthians 3:12-15.
4. What will happen in the future? II Corinthians 3:16-18; Hebrews 8:10.

NOTE: Because Israel did not believe and accept Jesus as the Son of God, they have been temporarily blinded. See Romans 11:25.

5. Did Paul realize that this was happening to Israel? Acts 28:25-28.
6. What are we told is necessary for the "New Testament" to be valid? Hebrews 9:16-22.
7. How did Jesus present this to His disciples? Mark 14:22-24; Luke 22:19-20.
8. What does Paul write to the Corinthians? I Corinthians 11:23-26.
9. He also says he is an able minister. What is he referring to? II Corinthians 3:1-6.
10. What else does the writer call the new covenant? Hebrews 13:18-20.

