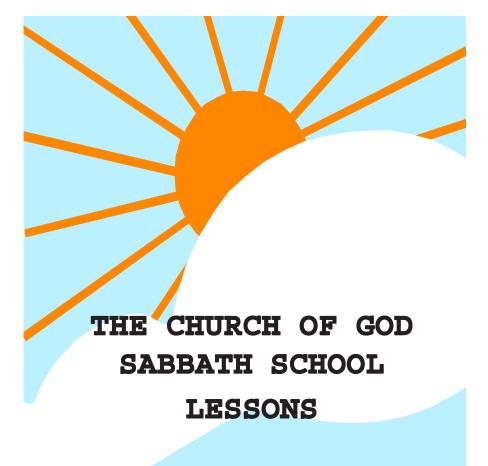
THE TEN COMMANDMENTS

- I. Thou shalt have no other gods before me.
- II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.
- III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
- IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
- V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
 - VI. Thou shalt not kill.
 - VII. Thou shalt not commit adultery.
 - VIII. Thou shalt not steal.
 - IX. Thou shalt not bear false witness against thy neighbour.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



July August September

THIRD QUARTER
2004

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IN THIS QUARTERLY

In this quarter, we are going to learn about doing the things that will bring happiness. The world does not realize that doing things God's way will bring blessings. What happens is that they believe God's instructions are prohibitions when in reality our Heavenly Father knows exactly what each and everyone of us needs. Remember Romans 8:28.

Lesson For Sabbath, July 3, 2004

SCRIPTURAL BEATITUDES

Scripture Reading: Ecclesiastes 2. Golden Text: Ecclesiastes 12:13.

NOTE: Webster's Dictionary states that the word beatitude means happy, blessed - perfect blessedness or happiness.

- 1. How can everyone be blessed? Psalm 128. And how can we be happy? Psalm 144:15.
- 2. What else should we do to find happiness? Proverbs 3:13-18.
- 3. Does mercy produce happiness? Proverbs 14:21; II Corinthians 4:1.
- 4. What does unity bring? Psalm 133:1; Ephesians 4:3,13; John 13:35.
- 5. What will we find if we act on scriptural instructions? John 13:17; James 1:25.
- 6. When we put our trust in the Lord, what is the result? Psalm 2:12; Proverbs 16:20; Isaiah 12:2.
- 7. Does keeping the Ten Commandments produce anything? Proverbs 2:1-6, 29:18; Psalm 19:7.
- 8. Should we enjoy our work? Ecclesiastes 2:24-26; 3:12-13, 22.
- 9. Does grace bring joy and happiness? Romans 5:2; II Thessalonians 2:16; Jude 24.
- 10. How should we live that we might enjoy that perfect blessedness or happiness? Psalm 1:1, 32:2, Isaiah 56:1-2; Romans 4:8.

Lesson For Sabbath, July 10, 2004 BLESSED ARE THE POOR IN SPIRIT

Scripture Reading: Luke 6:30-46.

Golden Text: Matthew 5:3.

NOTE: Being poor in spirit indicates humility.

1. What kind of a person was Nimrod? Genesis 10:8-10.

NOTE: Nimrod's being mighty before the Lord indicates he was self willed. Strong's suggests he was a tyrant.

- 2. What qualities does God want? Psalm 51:16-17; Isaiah 57:15.
- 3. Before the sermon on the mount, what did Jesus do? Matthew 4:18-22; Luke 6:12-13.
- 4. Who heard this presentation? Matthew 4:25-5:1; Luke 6:17-20.
- 5. What belongs to the "poor in spirit"? Matthew 5:3; 4:17.
- 6. Where will this kingdom be? Matthew 6:9-10 (first part); Revelation 20:6; 5:9-10.

NOTE: The Kingdom of Heaven will come to the earth. (Revelation 11:15).

- 7. Who else is waiting for the kingdom? Hebrews 11:13-16, 39-40.
- 8. Jesus went to prepare a place for us. John 14:1-3
- 9. What did He preach? Luke 4:43.

Lesson For Sabbath, July 17, 2004 "BLESSED ARE THEY THAT MOURN"

Scripture Reading: Luke 24:27-48.

Golden Text: Matthew 5:4.

- 1. What did Jesus notice about the two disciples that were on their way to Emmaus? Luke 24:13-21.
- 2. After questioning them, what did the Lord say? Luke 24:25-27.
- 3. What was Jesus continually trying to do? Luke 4:16-21; John 5:39; Matthew 16:13-17.
- 4. When Jesus was crucified, what is one of the things He said while He hung on the tree? Luke 23:34.

NOTE: While asking for their forgiveness, He realized that the people did not know who He was. If they had, they would not have consented to His death. See Matthew 27:22-25.

- 5. What will happen to Israel in the future? Zechariah 12:10.
- 6. Concerning death, what does the Apostle Paul tell the brethren? I Thessalonians 4:13.
- 7. What does the preacher say about mourning? Ecclesiasties 3:1,4.
- 8. How does James present mourning? James 4:7-10.
- 9. What will happen in the future? Revelation 21:3-4.
- 10. When we know these truths, what else will happen? John 8:32.

Lesson For Sabbath, July 24, 2004 "BLESSED ARE THE MEEK"

Scripture Reading: Psalm 37. Golden Text: Matthew 5:5.

- 1. What is the definition of meek? Strong's indicates being mild. Webster's says it is patient and mild; not inclined to anger or resentment. Can you think of other definitions?
- 2. What does Jesus tell us about Himself? Matthew 11:28-29.
- 3. How was Moses described? Numbers 12:3.
- 4. If a man is overtaken in a fault, how should he be restored? Galatians 6:1.
- 5. In the book of Ephesians, the apostle Paul beseeches us to walk how? Ephesians 4:1-3.
- 6. Who may be hid in the day of the Lord's anger? Zephaniah 2:3.
- 7. What will the meek inherit? Matthew 5:5, Revelation 5:10; Romans 8:16-17; Proverbs 10:30.
- 8. When Jesus sets up His Kingdom, what will Israel inherit? Isaiah 63:17; 65:9,18, 21-22.
- 9. Will the Levitical priesthood be restored during the Millennium? Isaiah 66:18-21.
- 10. How are wives of unbelieving mates to act? I Peter 3:1-4.

Lesson for Sabbath, July 31, 2004

"BLESSED ARE THEY WHICH HUNGER"

Scripture Reading: John 4:1-39.

Golden Text: Matthew 5:6.

1. What does Luke add to this Beatitude? Luke 6:21.

NOTE: We should hunger and thirst for the word and the Lord.

- 2. How else did Jesus say this? Matthew 7:7-8.
- 3. What are we told to seek first? Matthew 6:33-34.
- 4. How does David state this hungering and thirsting? Psalm 42:1; 63:1-3; 143:6.
- 5. What does Jesus call Himself? John 6:48.
- 6. What does He compare that to, and what does He say will happen? John 6:49-51, 58.
- 7. Besides bread, what else does a child of God have to have for eternal life? John 6:53-56.
- 8. When the Lord was at Jacob's well, what did He tell the Samaritian woman? John 4:6-14.
- 9. How did Christ present this on the last day of the feast? John 7:37-38.
- 10. What are we told about the water of life in Revelation? Revelation 22:1-2.

Lesson For Sabbath, August 7, 2004

"BLESSED ARE THE PURE IN HEART"

Scripture Reading: Psalm 42. Golden Text: Matthew 5:8.

- 1. What are we told about the heart? Jeremiah 17:9-10.
- 2. Since it can become a seat of hatred, what are we told? Leviticus 19:17.
- 3. How is this expressed in Matthew? Matthew 5:21-24.
- 4. When laying up treasure, of what are we reminded? Matthew 6:19-21, 24.
- 5. Who does Proverbs tell us to trust with all our heart? Proverbs 3:5.
- 6. What else does the Lord do? Proverbs 21:2.
- 7. When Samuel was sent to Jesse's house to anoint one of his sons, what is Jesse told? I Samuel 16:7.
- 8. What had Samuel previously told Saul? I Samuel 15:13-22.

NOTE: Having a right heart or pure heart means that we do things for the right reasons. That is why God looks at the heart and checks our motives. Psalm 24:3-4.

- 9. What can a merry heart supply? Proverbs 17:22, But-Proverbs 12:25, or 15:13.
- 10. What is the end of the commandment? I Timothy 1:1-5.

Lesson For Sabbath, August 14, 2004

"BLESSED ARE THE MERCIFUL"

Scripture Reading: Isaiah 58. Golden Text: Matthew 5:7.

NOTE: Webster's defines mercy as a refraining from harming or punishing offenders.

- 1. What did the king have in the following parable? Matthew 18:23-27.
- 2. After the king forgave his debt, what did the servant do? Matthew 18:28-30.
- 3. What did his fellow servants do? Matthew 18:31.
- 4. What happened next? Matthew 18:32-35.

NOTE: Remember the beatitude says blessed ARE the merciful for they shall OBTAIN mercy.

- 5. How else is mercy expressed? Matthew 5:44.
- 6. Should we answer evil with evil? Romans 12:17-21.
- 7. What happened to the man who went down from Jerusalem to Jericho? Luke 10:30.

NOTE: Jesus indicates that this man is a Jew. Remember what the Samaritan woman said to Jesus. (John 4:9)

- 8. What did the priest and Levite do? Luke 10:31-32.
- 9. What did the Samaritan do? Luke 10:33-35.
- 10. How did Jesus explain the parable, and what did He tell the lawyer to do? Luke 10:36-37.

Lesson For Sabbath, August 21, 2004 "BLESSED ARE THE PEACEMAKERS"

Scripture Reading: Psalm 122. Golden Text: Matthew 5:9.

- 1. If peacemakers are called children of God, what then are the children of the world called? Matthew 13:38.
- 2. We are told that peace is a fruit of the spirit. (Galatians 5:22) What "fruit" if any, do the children of Satan display? Galatians 5:19-21.
- 3. What is another instruction that is given so that we may be considered children of God? Matthew 5:43-45.
- 4. How does one find great peace? Psalm 119:165.
- 5. Where does wisdom lead? Proverbs 3:13-17.
- 6. Did Jesus come to give peace on earth? Matthew 10:34.

NOTE: It is decision time. Let us make sure we always decide for the Lord.

- 7. Did He give peace to His disciples? John 14:27.
- 8. What can help us to obtain this peace? John 8:28-32.
- 9. If we are children of God, what else will happen? Romans 8:14-17.
- 10. Since we are heirs, what else will happen? Revelation 20:6.

Lesson For Sabbath, August 28, 2004

"BLESSED ARE THE PERSECUTED"

Scripture Reading: Philippians 1. Golden Text: Matthew 5:10.

- 1. What else can happen to persecuted people? Matthew 5:11.
- 2. How are the persecuted "for righteousness sake" supposed to act? Matthew 5:12.
- 3. What is the reward for remaining firm during this type of persecution? Mark 13:13; II Timothy 4:7-8; Revelation 2:10.
- 4. What example is given about our fleshly father and our Heavenly Father? Hebrews 12:5, 9-12.
- 5. What is the main reason why persecution come upon children of God? John 15:18, 20-21, 24-25.
- 6. Who is the instigator of these persecutions? Job 1:9; 2:4-6; I Peter 5:8; Revelation 12:10.
- 7. Since Jesus came in the flesh (I John 4:2) He experienced these persecutions and fulfilled prophecy. Isaiah 53:1-6; John 1:6-11.
- 8. What recognition does Jesus receive now because He withstood the persecutions? Acts 2:36, 38; 4:10-12.
- 9. What will He become in the future? Revelation 11:15; 15:3; 19:11-16.
- 10. How does James encourage us? James 1:1-3, 6, 25 then verse 12.

Lesson For Sabbath, September 4, 2004 "BLESSED IS HE THAT KEEPETH"

Scripture Reading: Psalm 119:89-112.

Golden Text: Revelation 22:7.

- 1. Why are the words of the Book you are reading so important? Isaiah 40:8; Matthew 24:35; John 6:67-68; I Peter 1:25.
- 2. Where did these words originate? John 3:31-34; John 6:63.
- 3. What does the Lord promise to those that keep His commandments? Deuteronomy 7:9; Nehemiah 1:5.
- 4. In what "way" do people find themselves when they follow God's instructions? Proverbs 10:17; 13:6; 16:17; 19:8, 16.
- 5. What blessing will we receive when we watch our mouths and tongues? Proverbs 13:3; 21:23.
- 6. How does Isaiah express a blessing for keeping the Sabbath? Isaiah 56:1-6.
- 7. What else does Jesus say about keeping His commandments? John 14:21.
- 8. To him that overcometh and keepeth the works, what will be given? Revelation 2:26.
- 9. What will happen to the one who keeps the fig tree? Proverbs 27:18; I Corinthians 9:7,13.
- 10. What kind of a son is one that keepeth the law? Proverbs 28:7.

Lesson For Sabbath, September 11, 2004

"BLESSED IS HE THAT WATCHETH"

Scripture Reading: Ezekiel 33:1-20. Golden Text: Revelation 16:15.

- 1. What warning did Jesus give the disciples? Matthew 24:42; Mark 13:34-37.
- 2. How might we obtain the favour of the Lord? Proverbs 8:34-36; Luke 12:35-38.
- 3. When Nehemiah was rebuilding the walls, what happened, and what did he do? Nehemiah 4:7-9.
- 4. Moses warned Israel to "watch" themselves. Deuteronomy 4:9,23; 11:16; 12:13.
- 5. Joshua used the word heed. Joshua 22:5; 23:11.

NOTE: Websters defines heed as to take more than casual notice or to pay close attention.

- 6. David prayed that the Lord set a watch before his mouth. Psalm 141:1-4.
- 7. We're told to watch and stand fast in the faith. I Corinthians 16:13; I Timothy 4:16.
- 8. Jesus warns of deception and temptation. Matthew 24:4; 26:40-41.
- 9. What other warnings are given? Luke 11:35; 12:15; Ephesians 6:18.
- 10. In the message to the Sardis church, what are they told to do? Revelation 3:1-3.

Lesson For Sabbath, September 18, 2004

"BLESSED IS HE WHO SHALL NOT BE OFFENDED"

Scripture Reading: Romans 14.

Golden Text: Luke 7:23.

- 1. What instructions did Jesus give to His disciples about offences? Luke 17:1-2.
- 2. How are we to handle someone who trespasses, if after rebuking them, they repent? Luke 17:3-4.

NOTE: Rebuke means to censure or admonish.

- 3. When Peter rebuked the Lord, what did Jesus say to him? Matthew 16:21-23.
- 4. In the book of Romans, the Apostle Paul instructs us how to handle unruly people. Romans 16:17-18.
- 5. What does Paul say to do when discussing the word and the law? Titus 3:8-11.
- 6. Should we be concerned about causing someone to stumble? Romans 14:12-13.
- 7. If we have to give account of ourselves to God, then where should our focus be? Phillipians 1:12-16; Philemon 12-16.

NOTE: If we work on ourselves, then the possibility of offending someone else diminishes.

- 8. What are we told about an offended brother? Proverbs 18:19.
- 9. Who is able to take away offenses? Romans 4:25; 5:12, 16-21.
- 10. How can we become a "perfect" man? James 3:1-5.

Lesson For Sabbath, September 25, 2004

"BLESSED ARE THEY WHOSE INIQUITIES ARE FORGIVEN"

Scripture Reading: Romans 3. Golden Text: Romans 4:7.

- 1. What is sin? I John 3:4; 5:17; James 2:11; 4:17.
- 2. Where did sin originate? Ezekiel 28:13-17.
- 3. How does Jesus refer to Satan, and how did Satan present himself to Eve? John 8:44; Genesis 3:4, 13.
- 4. What were the Israelites to do for a sin offering? Exodus 29:10-14.
- 5. Why was this necessary? Hebrews 9:22.

NOTE: The blood of an innocent animal had to be shed for the sin offering. The bullock did not sin but its blood was shed for others. This sacrificial system pointed to the ultimate sacrifice - that of Jesus Christ.

- 6. As the result of sin, what happened? Romans 5:12.
- 7. What did Christ's sacrifice accomplish that the blood of bulls and goats did not? Hebrews 9:11-15.
- 8,. Christ purchased something with His blood, what was it? Acts 20:28.
- 9. How does Peter write about His blood. I Peter 1:18-19.
- 10. What else will this precious blood do? Isaiah 1:18; Romans 5:9.