THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

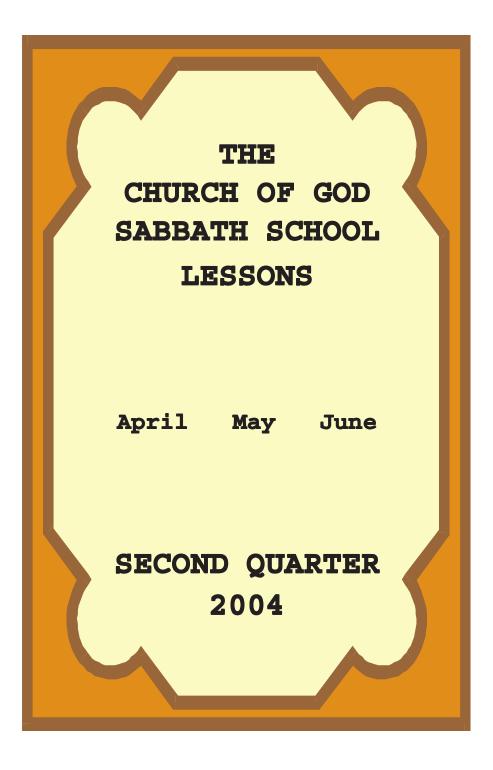
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



The Church of God Sabbath School Lessons (USPS No. 560-980) is published quarterly, one month before the beginning of each new quarter: March 1, June 1, September 1, and December 1, by the Church of God Publishing House, PO Box 328, Salem, WV 26426-0328. Periodicals postage will be paid at Salem, WV 26426-0328.

POSTMASTER: Send address changes to The Church of God Sabbath School Lessons, PO Box 328, Salem, WV 26426-0328.

Your subscription is free. If you wish to contribute an offering, your contribution will be tax deductible.

IN THIS QUARTERLY

The world is full of evil, and we must continue to strive against its pull. It is easier to give in rather than to fight but, with the help of the Holy Spirit, we can overcome. The lessons in this quarterly are for young and old alike (in the Lord). Let us not forget to prepare the future generation for its part in the army of God.

Lesson For Sabbath, April 3, 2004

STANDING FIRM FOR THE DOCTRINE

Scripture Reading: Titus 2. Golden Text: I Timothy 4:16.

- 1. What are servants exhorted to do? Titus 2:9-10; I Timothy 6:1-2.
- 2. How may we know the true doctrine? John 7:16-18.

3. When we know the doctrine, what warning is given? II John 7-11.

4. What are we commanded to give attendance to until Jesus returns? I Timothy 4:13-15.

5. Are we to pay attention to any other doctrine? I Timothy 1:3-4; Ephesians 4:7; 12-14; Galatians 1:8-9.

6. What are young people admonished to do? Titus 2:4-8.

7. What are good ministers required to do? I Timothy 4:6,16.

8. What other doctrines are mentioned that should concern us? I Timothy 4:1, Jeremiah 10:6-8; Matthew 15:8-9, 16:12; Revelation 2:15.

9. What are we to do with people who cause divisions and offences contrary to doctrine? Romans 16:17.

10. How are we to conduct ourselves until the appearing of Jesus? II Timothy 4:1-4; Hebrews 13:9.

Lesson For Sabbath, April 10, 2004

MEASURE FOR MEASURE

Scripture Reading: Psalm 37. Golden Text: Luke 6:38.

NOTE: Do not allow yourself to be fooled. If any law will do its work, it is the law of reaping and sowing. See Galatians 6:7.

1. Is anything left to chance by God? Romans 13:1-2,7; Romans 8:28.

2. What does the Apostle Paul tell us about the race? I Corinthians 9:24.

NOTE: One cannot win the prize without entering the race. We have to put forth an effort. See I Corinthians 9:25-27.

3. How does Paul describe his race? II Timothy 4:7-8.

4. What does Galatians tell us about the flesh and the Spirit? Galatians 6:7-10.

5. What must the saints be willing to do? Matthew 5:39-41; Luke 6:36-37.

6. Is doing good ever a wasted effort? Ecclesiasties 11:1.

7. What will happen if we are not sowing good? Isaiah 59:1-2,12.

8. Compare what we just read with the question posed to Cain. Genesis 4:6-7.

9. How did David return his best friend's kindness? II Samuel 9:7.

10. Does David endorse continuing to do good? Psalm 37:3-5,25.

Lesson For Sabbath, April 17, 2004

"EVEN SO SEND I YOU"

Scripture Reading: John 17. Golden Text: John 20:21.

1. In the parable of the 10 pounds, what were the servants told to do? Luke 19:13.

2. What kind of treatment are the followers of Jesus to expect? John 15:18,20.

3. Why will these things happen? John 15:21.

4. What did Jesus do so that the world would know about "Him that sent me"? John 14:6-11; 8:42,47,54-55; 5:19,30.

5. How did Jesus prepare His disciples? Matthew 10:1,6-8; Acts 1:1-3.

6. What commission was given to the disciples? Matthew 28:18-20.

7. After receiving the Holy Spirit, where were the disciples to go? Acts 1:8.

8. Did the disciples follow their instructions? Acts 2:14, 5:27-29, 8:5,14; 11:19; 16:1-2,5.

9. What did Paul tell Timothy to do? II Timothy 4:1-4.

10. As current disciples, what are we to do? Jude 3-4.

Lesson For Sabbath, April 24, 2004

WHAT IS THE ANSWER TO DARKNESS?

Scripture Reading: Micah 3. Golden Text: Psalm 119:105.

1. What does God's Word tell us about light? Psalm 27:1; John 1:3-7; 8:12; Romans 13:12.

2. What does it say about darkness? Proverbs 7:4-9; John 3:19-20.

3. If our "eye be evil," what condition are we in? Matthew 6:23.

4. What should it be? Matthew 6:22.

NOTE: Consider the word "focused" for "single." We are to stay focused on Jesus just as He stayed focused on the work He was sent to do.

5. When people do not keep their eye on Jesus they do not believe His doctrines. Hebrews 6:1-3, Revelation 14:12.

6. If we are "the light of the world," what will happen? Matthew 5:14-16.

7. What does "the candle of the Lord" accomplish? Proverbs 20:27.

8. What do we want to happen to as many people as possible? Isaiah 9:2; 42:6-7.

9. When people are called "out of darkness into his marvellous light," what do they become? I Peter 2:9-10.

10. What will happen to the Wicked One when Jesus returns? II Thessalonians 2:8.

Lesson for Sabbath, May 1, 2004

THE PASTOR AND THE CHURCH

Scripture Reading: I Timothy 3. Golden Text: I Timothy 5:17.

1. How does Jesus describe His position with the Church? John 10:11-13.

2. What does He tell Peter to do? John 21:15-17.

3. In turn, what does Peter exhort elders to do? I Peter 5:1-4.

4. How does the Apostle Paul relate this to Timothy? II Timothy 4:1-5, 4:9-16.

5. What did Paul and Barnabas do on their missionary trips? Acts 14:21-23.

6. What other command is given not only to elders but to all believers? Matthew 4:19; 8:22; 9:9; John 21:19 last part.

7. How does Paul declare this? I Corinthians 11:1.

NOTE: He qualifies his statement by saying he follows Christ. We must be careful not to follow men alone but only if we see them following the instructions of the Lord.

8. How are we to treat each other? I Timothy 5:1-2.

9. What do we learn about widows? I Timothy 5:3-13.

10. What other cautions are given to Timothy? I Timothy 5:19-25.

Lesson For Sabbath, May 8, 2004

WHAT IS A SAINT?

Scripture Reading: Psalm 51. Golden Text: Revelation 14:12.

1. When the rich young ruler asked Jesus "what good thing shall I do, that I may have eternal life," what was the response? Matthew 19:16-19.

2. How did He answer Nicodemus when asked about being born again? John 3:1-5.

3. Who does the dragon make war with? Revelation 12:17.

NOTE: Being baptized and keeping the commandments are necessary parts of being a saint. Obedience is a MUST.

4. How does the Prophet Samuel present this to Saul? I Samuel 15:22-23.

5. Are we to allow sin to have dominion over us? Romans 6:14-16,23.

6. How does Paul tell us he came to know sin? Romans 7:7-11.

7. How do we know that we love the children of God? I John 5:1-5.

8. What else did Jesus say He came to do? John 10:10, 27-28; 5:24.

9. How do we prove our love for Jesus? John 14:13-15, 21-23; 15:10.

10. After we prove this love, what will our reward be? James 1:12; I Peter 5:4.

Lesson For Sabbath, May 15, 2004

TEACH YOUR CHILDREN

Scripture Reading: Deuteronomy 6. Golden Text: Deuteronomy 6:7.

1. What was said of Abraham? Genesis 18:19.

2. What did Moses teach Israel to do? Deuteronomy 6:4-5.

3. In turn, what were the Israelites to do? Deuteronmy 6:6-9.

4. What else is to be taught? Deuteronomy 6:20-23.

NOTE: Remember, Egypt represents sin, and as such the Lord is willing to deliver us from the "bonds of Egypt" and allow us to enter the promised land, the New Jerusalem.

5. In teaching our children, what should we tell them about sin? Romans 3:23.

6. What was part of Jesus's mission? Luke 5:31-32.

7. Who leads us to repentance? Romans 2:1-4; Philippians 2:13.

8. After being called to repentence, what are we expected to do? Acts 2:37-39; Romans 2:11-13.

9. How does Paul exhort the brethren? Romans 12:1-2.

10. What else are we to teach our children? I John 2:15-17.

Lesson For Sabbath, May 22, 2004

THE GIFT OF THE HOLY SPIRIT

Scripture Reading: Romans 8:1-27. Golden Text: Luke 11:13.

1. What experience is necessary before one can enter the kingdom of God? John 3:5.

2. Is it possible to be a child of God and not have the Holy Spirit? Romans 8:9.

3. How does one receive the Holy Spirit? Acts 8:14-17; 19:5-6.

4. After receiving the Holy Spirit, what do our bodies become? I Corinthians 3:16-17.

5. Through whom and by what power do all people have access unto the Father? Ephesians 2:18.

6. What attribute is necessary that we might receive the Holy Spirit? Galatians 3:13-14.

7. To avoid the lust of the flesh, how should we walk? Galatians 5:16,25.

8. What will quicken the mortal bodies of the saints? Romans 8:11.

9. Was the gift of the Holy Ghost for Israel only? Acts 2:38-39; 10:44-45.

10. In addition to helping the saints bare fruit (Galatians 5:22-23), why else is the Holy Spirit given? I Corinthians 12:7-11.

Lesson For Sabbath, May 29, 2004

THE HOPE OF OUR CALLING

Scripture Reading: Ephesians 3. Golden Text: Ephesians 4:4.

1. What were some of the things Paul prayed for with regard to the Ephesian brethren? Ephesians 1:15-20.

2. How are we admonished to walk as to our calling? Ephesians 4:1-3,17, 5:8; I Corinthians 7:17.

3. Is every one called for the same work? Ephesians 4:11.

4. What is the purpose of the different offices? Ephesians 4:12-14.

5. If we are called, should we be discouraged when disappointments arise? Romans 8:28,31; I Peter 2:21.

6. What is promised to us by the one "that hath called us to glory and virture?" II Peter 1:1-4.

7. Are many called? Matthew 20:16, 22:14.

8. For what purpose was Paul chosen? Acts 9:15-16.

9. Why are we chosen? John 15:16; 17:17-21. Revelation 4:11.

10. Does everyone have this opportunity? II Peter 3:8-9.

Lesson For Sabbath, June 5, 2004

CHARITY

Scripture Reading: I Corinthians 13. Golden Text: Colossians 3:14.

1. What did Peter admonish us to have? I Peter 4:8.

2. What should we desire in addition to charity? I Corinthians 14:1.

NOTE: To prophesy means to tell of future events like the return of Christ, the good news of the coming kingdom, the destruction of Satan and the establishment of God's government.

3. What is the bond of perfection? Colossians 3:14; Matthew 5:44-48.

4. Is the bestowing of our goods the charity spoken of in God's Word? I Corinthians 13:3.

5. Does this divine virtue even fail? I Corinthians 13:8.

6. Should anything be done without charity? I Corinthians 16:14.

7. Why did Paul, Silvanus, and Timotheus give thanks to God for the brethren at Thessalonica? II Thessalonians 1:1-4.

8. What example should youth follow? I Timothy 4:12.

9. What was Paul's admonition to young Timothy? II Timothy 2:22.

10. What is fulfilling the law? Romans 13:8-10; Matthew 22:36-40.

Lesson For Sabbath, June 12, 2004

REPENTANCE

Scripture Reading: Matthew 3. Golden Text: II Peter 3:9.

1. What kind of sorrow will bring repentance? II Corinthians 7:10.

2. What should one bring forth as proof of repentance? Matthew 3:8; Luke 3:8.

3. Whom did Jesus call to repentance? Luke 5:32; Romans 5:6; I Timothy 1:15.

4. Are the doors of mercy still open? Psalm 86:15; Matthew 20:28; II Peter 3:8-9.

5. When will it be too late to repent? Ecclesiasties 9:3-6; Revelation 22:11-12.

6. What was John the Baptist's message? Matthew 3:1-2; Luke 3:1-4.

7. What one thing causes joy in heaven? Luke 15:7, 10.

8. What did Paul say would lead people to repentance? Roman 2:4.

9. What did the Holy Spirit reveal to those of the circumcision through Peter? Acts 11:15,18.

10. What did the Angel of the Lord say to the Apostles after he had delivered them from prison? Acts 5:19-20; 27-31.

Lesson For Sabbath, June 19, 2004

ETERNAL LIFE THROUGH JESUS CHRIST

Scripture Reading: John 3. Golden Text: Romans 6:4.

1. For what purpose did God send His Son into the world? John 3:17; Romans 1:16.

2. How do we become children of God? Galatians 3:26.

3. What takes place at water baptism? Galatians 3:27; Romans 6:3-4.

4. Is eternal life promised through any nation of people? Galatians 3:28-29; Acts 4:10-12.

5. Why are we baptized in Jesus's name? Acts 2:38-39; Luke 24:47; ICorinthians 1:13.

6. In the resurrection, who shall rise first? I Thessalonians 4:16.

7. What happens next? I Thessalonians 4:17.

- 8. Why should we keep the commandments of God? I John 5:1-3.
- 9. Where will we find eternal life? I John 5:11-13.

NOTE: Accepting Jesus Christ as God's Son cannot be emphasized enough. The Apostle Paul was so accurate when he called Jesus a stumblingblock. I Corinthians 1:23.

10. Who has the words of eternal life? John 6:68; 8:12.

Lesson For Sabbath, June 26, 2004

GOD'S ARMOUR

Scripture Reading: Ephesians 6. Golden Text: Ephesians 6:11.

1. Why is it necessary to put on the whole armour of God? Ephesians 6:13.

2. Do we wrestle against flesh and blood? Ephesians 6:12; I Peter 5:8.

3. What are our weapons of warfare? II Corinthians 10:3-6.

4. What is the first part of our armour? Ephesians 6:14 (first part).

5. In what position does this place us? John 8:32.

6. What protects the most vital parts of our body? Ephesians 6:14 (last part); II Corinthians 6:1,7.

7. What part will bring the people of peace? Ephesians 6:15; Romans 10:15.

8. Above all, by what should we be protected? Ephesians 6:16, I John 5:4.

9. What was accomplished through faith? Hebrews 11:32-39.

10. What else does the warrior need? Ephesian 6:17-18.