

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

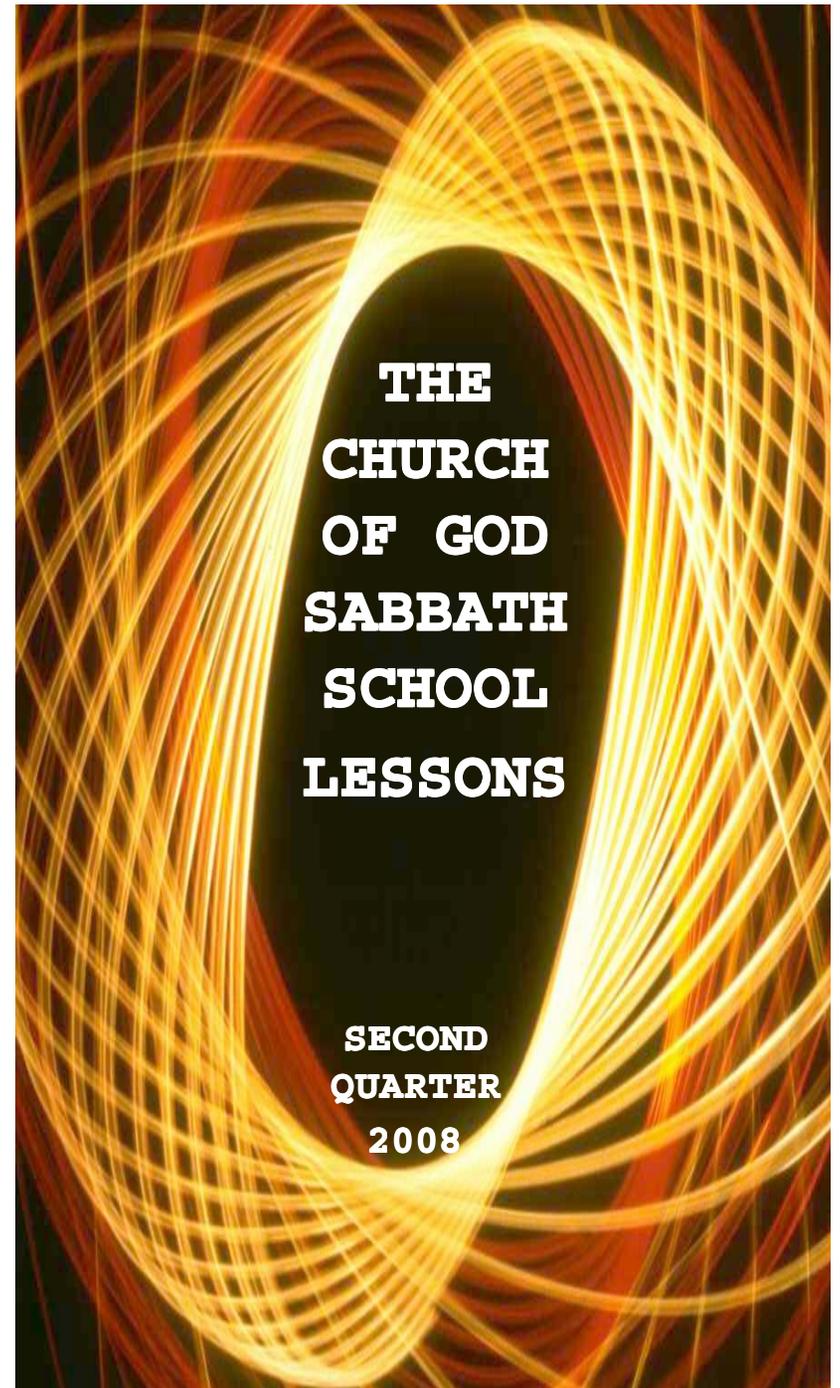
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



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IN THIS QUARTERLY

When everything was created, God said it was very good. But when it came to the Sabbath, He rested, then blessed and sanctified a time period. It was something that was not tangible, but it is a space or time to be enjoyed by all mankind.

With the fall of Adam, we learn of death and suffering. Satan has tried his best to destroy God's plan. However, the Law, the Prophets and the Psalms point to a redeemer, the last Adam.

As we learn of many "new" things, we become aware of the importance of Jerusalem and Israel, past, present, and future.

THE SABBATH

Scripture Reading: Exodus 16.

Golden Text: Mark 2:27.

1. During creation week, what did God say about:
 - a.) the light? Genesis 1:4.
 - b.) land and water? Genesis 1:10.
 - c.) grass and herb? Genesis 1:12.
 - d.) everything? Genesis 1:31.
 2. When the heavens and earth were finished, what did God do? Genesis 2:1-2.
 3. What else was done? Genesis 2:3.
- NOTE: Everything else in creation was GOOD, but the seventh day was BLESSED and SANCTIFIED.*
4. What did Jesus tell the Pharisees about the Sabbath? Mark 2:23-27.
 5. Was Jesus accused of breaking the Sabbath? Mark 3:1-6.
 6. At another time, what question did Jesus ask of the lawyers and Pharisees? Luke 14:1-6.
 7. Who should enjoy the Sabbath? Exodus 20:8-11; 23:12.
 8. Is the Sabbath holy to the Lord? Exodus 31:14-15.
 9. Did Jesus keep the Sabbath? Luke 4:16. Paul? Acts 13:14-16,44.
 10. What did Jesus say about Himself and the Sabbath? Matthew 12:8; Mark 2:28.

Lesson For Sabbath, April 12, 2008

THE GARDEN OF EDEN

Scripture Reading: Genesis 2:8-25.

Golden Text: Psalm 104:14.

NOTE: Strong's indicates that in addition to being Adam's home, Eden means pleasure or delight.

1. How was the garden watered? Genesis 2:10.
2. After God created man, what did He do and say? Genesis 1:27-28.

NOTE: Like the Sabbath, He blessed man also.

3. Because of their sin, what was mankind to continually suffer? Genesis 3:16-19.
4. What did the Lord God do to keep man from the garden? Genesis 3:23-24.
5. Where did Cain end up going? Genesis 4:16.
6. What will the Lord do for Israel? Isaiah 51:3; Ezekiel 36:35.
7. Who else was in the garden of Eden? Ezekiel 28:12-13.
8. What was said about Pharaoh, king of Egypt? Ezekiel 31:1-9.
9. What will happen to Pharaoh? Ezekiel 31:10-11.
10. What happened to Lucifer? Isaiah 14:12-14.

NOTE: Lucifer, Adam and Pharaoh were given great responsibility. In each case, the source of this gift was overlooked. Let us never forget God and His goodness.

Lesson For Sabbath, April 19, 2008

ADAM AND EVE

Scripture Reading: Genesis 1:26-31; 2:15-25.

Golden Text: Genesis 2:7.

NOTE: Strong's states that soul in this verse means that Adam became a breathing creature.

1. Where did the Lord God put man? Genesis 2:8,15.
2. What did the Lord God say He would do for man? Genesis 2:18.
3. How was Eve created? Genesis 2:21-22.
4. Who named Eve, and why was she so named? Genesis 3:20.

NOTE: The name Eve means life giver.

5. What happened when Eve was tempted? Genesis 3:1-3.
6. As a result of this transgression, what came upon man? I Corinthians 15:21 first part, 22 first part.
7. Was death for all men? Romans 5:12-14.
8. In Paul's first epistle to Timothy, what does he say about Adam and Eve? I Timothy 2:11-15.
9. How does the first Adam, compare with the last Adam? I Corinthians 15:45.
10. What will the last Adam (Jesus) accomplish? I Corinthians 15:21 last part; 22 last part.

Lesson For Sabbath, April 26, 2008

MARRIAGE AND RELATIONSHIPS

Scripture Reading: Ephesians 5.

Golden Text: Genesis 2:24.

1. After God created Adam and Eve what did He tell them to do? Genesis 1:28.
2. What was Israel told about other nations? Deuteronomy 7:1-3.
3. Why were they told not to intermarry with other nations? Deuteronomy 7:4; II Corinthians 6:14-18.
4. Of what did Joshua warn? Joshua 23:11-13.
5. What are we told about a virtuous woman? Proverbs 12:4; 31:10-12.
6. How does Paul regard one that does not provide for his own house? I Timothy 5:8.
7. How are grandchildren and fathers described? Proverbs 17:6.
8. Should we chasten our children? Proverbs 19:18-19; 13:24.
9. Does God chasten us? Deuteronomy 8:5; Job 5:17; Hebrews 12:7.
10. What kind of a relationship should a family have? Colossians 3:18-21; Ephesians 6:1-4.

Lesson for Sabbath, May 3, 2008

CAIN, ABEL AND SETH

Scripture Reading: Genesis 4.

Golden Text: Hebrews 11:4.

1. Who was the first child born to Adam and Eve? Genesis 4:1.
2. Who was the next child, and what did they do for work? Genesis 4:2.
3. What happened next? Genesis 4:3-5.

NOTE: Cain only brought an offering whereas Abel brought "of the firstlings of his flock and of the fat thereof."

4. Of what are we reminded? Psalm 24:1; Leviticus 27:30-32.
5. What does the Lord say to Cain? Genesis 4:6-7.

NOTE: The Lord uses the word sin. Cain knew what he was supposed to do, but did not. He was to tithe but chose to offer instead, thereby holding back what was the Lord's.

6. Does he repent? Genesis 4:8.
7. What does John say about this act? I John 3:11-12.

NOTE: Like Satan, Cain was jealous.

8. Who replaced righteous Abel? Genesis 4:25-26.
9. How long did Seth live? Genesis 5:6-8.
10. What faithful individuals are found in Seth's lineage? Genesis 5:18-29; Hebrews 11:4-7.

Lesson For Sabbath, May 10, 2008

SATAN

Scripture Reading: Ezekiel 28:1-19.

Golden Text: Isaiah 14:12.

1. How did Lucifer arrive on the scene? Ezekiel 28:13,15.
 2. What position did he have? Ezekiel 28:14.
 3. What position did he want? Isaiah 14:12-14; Proverbs 16:18.
 4. How does Ezekiel describe a cherub? Ezekiel 10:8-14.
 5. What did Satan do to Eve? Genesis 3:13; I Timothy 2:14.
- NOTE: Beguiled means to lead astray.*
6. What does Satan think about the brethren? Revelation 12:10.
 7. Did he accuse the Lord of protecting Job? Job 1:9-11.
 8. How did the Lord respond? Job 1:9-12.
 9. What happened next? Job 1:13-22.
 10. When Satan saw that Job "sinned not", what did he say and do then? Job 2:4-7.
 11. Why does Satan do the things he does? I Peter 5:8.

Lesson For Sabbath, May 17, 2008

THE LAW

Scripture Reading: Proverbs 3.

Golden Text: Psalm 119:97.

1. Why was Abraham to become a great and mighty nation? Genesis 18:17-19.
 2. What was one of the reasons the Lord "rained bread from heaven"? Exodus 16:4.
- NOTE: In addition to miraculously feeding them, it was a test.*
3. What did the people say when Moses told them all the words of the Lord? Exodus 24:3-8.
 4. What was Moses to do when he was given the tables of stone? Exodus 24:12.
 5. When the Lord made a covenant with the Israelites, of what did He warn? Exodus 34:10-17.
 6. How does Joshua express this same thought? Joshua 24:14-20.
 7. What can delight man? Psalm 1:1-3.
 8. How did Jesus relate to the law? Matthew 5:17; Isaiah 42:21.
- NOTE: The first five books of the Bible, the Pentateuch, is referred to as "the Law."*
9. How else does He express this thought? Matthew 7:12; 22:36-40.
 10. What does the law do? Romans 3:20; 7:7-10.

Lesson For Sabbath, May 24, 2008

PROPHETS

Scripture Reading: Deuteronomy 18.

Golden Text: Acts 3:22.

1. Was Abraham considered to be a prophet? Genesis 20:7.

NOTE: Strong's tells us that a prophet is an inspired man.

2. When Moses questioned the Lord about sending him to Pharaoh, what was he told? Exodus 6:28 to 7:2.

3. Who were inspired women? Exodus 15:20-21; Judges 4:4.

4. Who was Samuel, and what did he become? I Samuel 1:20; 3:20-21.

5. How are we to discern if what a "prophet" says is from the Lord? Deuteronomy 18:20-22.

6. After David sinned with Bath-sheba and had her husband killed, who was sent to him? II Samuel 12:1-10.

7. What did Elijah do for the widow? I Kings 17:17-24.

8. What did Isaiah say about Judah and Jerusalem during the days of Uzziah? Isaiah 1:1-3.

9. When was Jeremiah ordained as a prophet? Jeremiah 1:4-5.

10. What was Ezekiel's commission? Ezekiel 2:1-5.

Lesson For Sabbath, May 31, 2008

PSALMS

Scripture Reading: Psalm 1 and 2.

Golden Text: Luke 24:44.

NOTE: According to Scofield, the Psalms "were the inspired prayer-and-praise book of Israel."

1. How does the Psalmist write about praise? Psalm 8:1; 9:1-2.

2. Who shall abide in the Lord's tabernacle? Psalm 15:1-5; 24:3-4.

3. Where do we find a model to follow with regard to repentance? Psalm 51:1-4.

4. What are we told about our relationships with the Lord? Psalm 23.

5. When confronted by our enemies, where can we find comfort? Psalm 27:1-3, 7.

6. Should we be envious "against the workers of iniquity?" Psalm 37:1-2, 7-9.

7. What does the Psalmist tell us about creation? Psalm 33:6-9; Hebrews 11:3.

8. Who is our refuge and strength? Psalm 46:1-2; 62:7-8.

9. What would the Psalmist rather be than to "dwell in the tents of wickedness?" Psalm 84:10.

10. How did Jesus refer to the scroll which is what we call the "Old Testament?" Luke 24:44; John 5:39.

NOTE: Sometimes the scrolls were simply called the law and the prophets. John 1:45; Matthew 22:40.

Lesson For Sabbath, June 7, 2008

PROVERBS

Scripture Reading: Proverbs 1.

Golden Text: I Corinthians 1:27.

1. What will the Proverbs do for us? Proverbs 1:1-4.
2. What are we told about Solomon concerning his wisdom and understanding? I Kings 4:29-34.
3. How can one "find the knowledge of God?" Proverbs 2:1-5.
4. What will happen when one seeks God? Hebrews 11:6.
5. What are we told about the wicked? Psalm 10:4.

NOTE: God will reward those who seek Him. If we do not, He will leave us to our own devices.

6. How can one find favor with God? Proverbs 3:1-4.
7. Where should we keep the commandments? Proverbs 7:1-3; 4:4.
8. How does a soft answer compare with grievous words? Proverbs 15:1-2,4; James 3:5-10.
9. What allows the Lord to "see" the "inward parts"? Proverbs 20:27.
10. If we try to cover our sins, what will happen? Proverbs 28:13, 9; Psalm 32:1-5.

Lesson For Sabbath, June 14, 2008

THE LAST ADAM

Scripture Reading: I Peter 1.

Golden Text: I Corinthians 15:45.

1. When man was created, was God satisfied? Genesis 1:26-31.
2. In reality, who was Adam? Luke 3:38.
3. Because of sin, what hardships were placed on man? Genesis 3:16-19.
4. Did Adam die? Genesis 5:1-5.
5. How long did death reign? Romans 5:12-14.
6. Of whom was Adam a figure? I Peter 1:18-20; Revelation 2:8.
7. If Adam brought death what will Christ do for us? I Corinthians 15:20-22; Revelation 20:6.
8. What will happen to death? I Corinthians 15:24-26; Revelation 20:11-14.
9. How does the Apostle Paul talk about death? I Corinthians 15:51-57.
10. How does Paul compare the Spirit to the flesh? I Corinthians 15:45-50.

Lesson For Sabbath, June 21, 2008

NEW THINGS

Scripture Reading: Revelation 21.

Golden Text: Isaiah 65:17.

1. What does Isaiah tell us about the former things? Isaiah 42:9.
2. Will there be a new song? Isaiah 42:10-12; Revelation 5:9; 14:3.
3. Did Isaiah tell us about a new heavens and new earth? Isaiah 65:17; 66:22.
4. Will the Lord make a new covenant with Israel and Judah? Jeremiah 31:31-34.
5. What did the Lord God promise when He regathered Israel and gave them the land? Ezekiel 11:17-19.
Why? Verse 20. Failure to do so? Verse 21.
6. What are we told about old garments and old bottles (wine skins)? Matthew 9:16-17.
7. When Jesus instituted the Lord's Supper, what did He say His blood was part of and shed for? Mark 14:23-24.
8. Jesus gave us a new commandment; what is it? John 13:34-35.
9. Will the saints have new names? Revelation 2:17.
10. Will Jesus have a new name? Revelation 19:11-16.

Lesson For Sabbath, June 28, 2008

ISRAEL AND JERUSALEM

Scripture Reading: Isaiah 43.

Golden Text: Isaiah 49:3.

1. What land was promised to Abram? Genesis 15:18-21.
2. Why did the Lord choose Israel? Deuteronomy 7:7-9.
3. Does God care about the land of Israel? Deuteronomy 11:8-12.
4. Does He care about the people of Israel? Isaiah 40:1-2; Zechariah 2:8.
5. What did the Lord tell Satan about Jerusalem? Zechariah 3:1-2.
6. When Jesus wept over Jerusalem, what did He say about it? Luke 19:41-44.
7. Why was Jesus taken up into the clouds? Acts 1:9-12.
8. When He returns, where will it occur? Zechariah 14:4.
9. What is the "mother of us all?" Galatians 4:26.
10. How should we feel about Jerusalem? Psalm 122:6.