

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



Lesson For Sabbath, April 6, 2024**PAUL**

The Church of God Sabbath School Lessons (USPS No. 560-980) is published quarterly, one month before the beginning of each new quarter: March 1, June 1, September 1, and December 1, by the Church of God Publishing House, P O Box 328, Salem, WV 26426-0328. Periodicals postage will be paid at Salem, WV 26426-0328.

POSTMASTER: Send address changes to The Church of God Sabbath School Lessons, PO Box 328, Salem, WV 26426-0328.

Your subscription is free. If you wish to contribute an offering, your contribution will be tax deductible.

IN THIS QUARTERLY

Since the Apostle Paul plays such a significant role in the Church, it seemed like a good idea to follow him through the various churches. While all of his teachings are important, we are highlighting only some of his thoughts. Paul shows himself to have a strong character, both before his conversion and long after. If we were choosing someone to be on our team, Paul should be our pick. He shows tenacity and strength during great adversity. He says it well when he writes in I Corinthians 11:1, "Be ye followers of me, even as I also am of Christ."

Scripture Reading: Acts 7:54 - 8:3.

Golden Text: Matthew 5:44.

1. Was Saul at the stoning of Stephen? Acts 7:54-58.
2. What else did Saul do to the Church? Acts 8:1-3.
3. Why was Saul going to Damascus? Acts 9:1-2.
4. How does Ananias respond to his instructions from the Lord? Acts 9:10-14.
5. What does Paul say about his previous behavior? Acts 22:1-5; 26:9-11.
6. What else do we learn about Saul, who becomes the Apostle Paul? Romans 11:1; Philippians 3:4-6.
7. Was Paul a Roman citizen? Acts 22:25-28.
8. What happens to Saul on his way to Damascus? Acts 9:3-9.
9. While Saul is a "chosen vessel", what else will happen to him? Acts 9:15-16.
10. What happened when he was to be baptized? Acts 9:17-19.

NOTE: Paul is a type of Israel, temporarily blinded to the truth and then allowed to see it. (Zechariah 12:10)

Lesson For Sabbath, April 13, 2024

PAUL AFTER HIS CONVERSION

Scripture Reading: Acts 9:18-31.

Golden Text: I Corinthians 15:8.

1. How was Paul (Saul) selected to go on a missionary trip? Acts 13:1-2.
2. Where did they go? Acts 13:3-6, 13-14.
3. What happened when Paul preached? Acts 13:16, 42-48.

NOTE: While some of the men of Israel caused much trouble, the Gentiles were eager to hear.

4. What did Paul and Barnabas do when they were expelled "...out of their coasts"? Acts 13:50-51.
5. Where did Paul go on his second trip? Acts 15:36-41.
6. After Paul and Silas were put in jail, what do we learn? Acts 16:25-34.
7. How did Paul speak to the men of Athens? Acts 17:22-23.
8. Where did he go after Athens? Acts 18:1-4.
9. Was his preaching well received by all who heard? Acts 18:5-11.
10. Were special miracles wrought through Paul? Acts 19:11-12.
11. Did Paul suffer like we were told in Acts 9:15-16? Read II Corinthians 11:23-28.

Lesson For Sabbath, April 20, 2024

PAUL TO THE ROMANS

Scripture Reading: Romans 1:1-17.

Golden Text: Romans 2:13.

1. What does Paul tell us about the wrath of God? Romans 1:18, 25.
2. Except for Jesus Christ, are there any righteous people according to Paul? Hebrews 4:15; Romans 3:10-11; Isaiah 64:6; Romans 3:23.
3. Was Abraham faithful before or after he was circumcised? Romans 4:9-12.
4. How do Gentiles become part of Abraham's seed? Romans 4:13; Galatians 3:26-29.
5. How did death enter the world? Romans 5:12; Genesis 2:16-17.
6. How had Paul known sin? Romans 7:7-10; 3:20.
7. Is the law holy? Romans 7:12.

NOTE: The word holy relates to purity, that is, hallowed or sacred.

8. Does Paul tell us about the struggle of the two natures? Romans 7:15-23.
9. How does Paul describe the carnal mind? Romans 8:7.
10. What will happen if we live after the flesh? Romans 8:13 (first part); 6:23 (first part).

Lesson For Sabbath, April 27, 2024

PAUL TO THE ROMANS, PART II

Scripture Reading: Romans 9.

Golden Text: Isaiah 8:14.

1. What did Paul say was necessary to "...quicken your mortal bodies..."? Romans 8:11.
2. If we allow ourselves to be led by the Spirit of God, what will we become? Romans 8:14-17.
3. Can anyone or anything separate us from the love of Christ? Romans 8:35-39.
4. What does Paul write about God's mercy? Romans 9:14-16.
5. Paul said that Israel was ignorant. What were they ignorant about? Romans 10:1-3.

NOTE: They were placing more emphasis on the physical and not the spiritual. It was as if they were "working" their way to the kingdom.

6. Why does Paul write that "...salvation is come unto the Gentiles...? Romans 11:7-11; Acts 28:17, 26-28.
 7. Is Israel the vine? John 15:1,5.
 8. What happened to the natural branches? Romans 11:20-21.
- NOTE: Jesus is the vine, Israel, the natural branches, and the Gentiles are the grafted-in wild olive tree.*
9. How should we treat our enemies? Romans 12:17-21.
 10. Why were things "written aforetime"? Romans 15:4; II Timothy 3:16-17.

Lesson For Sabbath, May 4, 2024

PAUL TO THE CORINTHIANS

Scripture Reading: I Corinthians 15:35-58.

Golden Text: I Thessalonians 5:2.

1. What contentions did the apostle address in the beginning of this epistle? I Corinthians 1:10-15; Acts 4:10-12.
 2. Does God choose the wise, mighty, or noble people of this world? I Corinthians 1:26-29; Matthew 11:25.
 3. How has God revealed things to us? I Corinthians 2:6-10, 14.
 4. What else were some of the brethren arguing about? I Corinthians 3:1-4.
 5. How does Paul address the situation? I Corinthians 3:5-8.
 6. What does Paul tell us our body has become? I Corinthians 6:19-20.
 7. What is written about our calling and the position we were in when it happened? I Corinthians 7:20-24; Luke 3:10-14.
 8. How were the Israelites baptized? I Corinthians 10:1-2.
 9. Does Paul tell us to follow him or Christ? I Corinthians 11:1.
- NOTE: "Followers" could be translated as "imitators".*
10. Of what does the body of Christ consist? I Corinthians 12:12-14, 27-31.

Lesson For Sabbath, May 11, 2024

PAUL TO THE CORINTHIANS, PART II

Scripture Reading: I Corinthians 13.

Golden Text: Romans 13:10.

1. Are "tongues" for the believer? I Corinthians 14:22; Zephaniah 3:8-9.
2. How many people saw Jesus after His resurrection? I Corinthians 15:3-8.
3. Into Whose hands will Jesus deliver the kingdom? I Corinthians 15:20-25, 28.
4. According to Paul, will all believers die? I Corinthians 15:51-53.
5. Does Israel still have a "...vail...upon their heart"? II Corinthians 3:13-15.
6. How will this vail be removed? II Corinthians 3:16; Zechariah 12:10; 13:6.
7. What does Paul say about suffering? II Corinthians 4:8-16.
8. Will this affliction last? II Corinthians 4:17-18; Hebrews 11:1, 8-10.
9. What are we told about false apostles? II Corinthians 11:13-15; Matthew 7:15; I John 4:1.
10. What does Paul say about his "...thorn in the flesh..."? II Corinthians 12:7-10.

Lesson For Sabbath, May 18, 2024

PAUL TO THE GALATIANS

Scripture Reading: Galatians 1.

Golden Text: Acts 4:12.

1. Are we justified by the works of the Law? Galatians 2:16.
2. How do we receive faith? Galatians 3:2; Romans 10:14-17.
3. What are those of faith called? Galatians 3:6-9.
4. After faith comes, what happens? Galatians 3:25-29.
5. How does Paul contrast Abraham's two sons? Galatians 4:21-28.

PAUL TO THE EPHESIANS

6. The apostle writes that we were sealed with the Holy Spirit of promise. What does he mean? Ephesians 1:9-14.

NOTE: According to Strong's, "earnest" means pledge or security for the rest. (Like a down payment).

7. What did Jesus abolish "in His flesh"? Ephesians 2:14-18.

NOTE: This enmity was the Mosaic Law.

8. What mysteries does Paul reveal? Ephesians 3:1-9.

9. Is the Church divided into several bodies? Ephesians 4:4-6.

10. What characteristics does the spiritual armour of God represent? Ephesians 6:11-17. Discuss these characteristics.

Lesson For Sabbath, May 25, 2024

PAUL TO THE PHILIPPIANS

Scripture Reading: Philippians 1.

Golden Text: Romans 8:28.

1. How did Paul explain the things that were happening to him?
Philippians 1:12.

NOTE: This epistle was written during one of his imprisonments.

2. What does Paul say about our minds? Philippians 2:5.

3. When Jesus was here on earth, who was He made like? Philippians 2:7; I John 4:2; Hebrews 2:14.

4. Because of His obedience what will all men come to acknowledge? Philippians 2:8-11; Acts 2:36; 4:12.

5. Who will work out our salvation? Philippians 2:12-13; Romans 2:3-4.

6. Of what does Paul warn? Philippians 3:1-3.

7. How does Paul describe himself? Philippians 3:4-6.

8. What did he learn? Philippians 3:7-10.

9. What are we to think upon? Philippians 4:8.

10. How was Paul able to accomplish all things? Philippians 4:13; John 15:5.

Lesson For Sabbath, June 1, 2024

PAUL TO THE COLOSSIANS

Scripture Reading: John 1:1-29.

Golden Text: Revelation 3:14.

1. Why does Paul tell the Colossians he is giving thanks to the Father?
Colossians 1:12-13.

2. How does Paul describe Jesus? Colossians 1:15.

3. What did Jesus create? Colossians 1:16-17; John 1:3.

4. Of what is Jesus the head? Colossians 1:18-19; Ephesians 1:22.

5. What mysteries does Paul reveal to these brethren? Colossians 1:25-27; 2:1-2.

6. Should we concern ourselves about philosophy? Colossians 2:8-10.

7. What happened when we were buried with Jesus at baptism?
Colossians 2:12-17.

NOTE: The Mosaic Law was nailed to the cross, not the Ten Commandments.

8. Where should we set our affections? Colossians 3:2. Why? 3:3-4.

9. Did faithful saints have a proper perspective? Hebrews 11:8-10, 13-16.

10. What instructions did Paul give to the family of God? Colossians 3:17-22.

Lesson For Sabbath, June 8, 2024

PAUL TO THE THESSALONIANS

Scripture Reading: Ecclesiastes 3.

Golden Text: Ecclesiastes 9:5.

1. If we are obedient and followers of the Lord, from what will He deliver us? I Thessalonians 1:6-10; Romans 5:9.

2. Did the Thessalonians receive the Word of God properly? I Thessalonians 2:13.

3. Of what fact did Paul not want the brethren to be ignorant? I Thessalonians 4:13.

NOTE: While we will miss the brethren that have fallen asleep, they have fallen asleep with great hope. They await the resurrection (see verse 14).

4. What is the order of resurrection? I Thessalonians 4:15-18; I Corinthians 15:20-23.

5. Will we know when the "...day of the Lord..." shall come? I Thessalonians 5:1-3; Matthew 24:24-36, 42-44.

6. How should we "dress" as we await the day of the Lord? I Thessalonians 5:8-9.

7. Should we render evil for evil? I Thessalonians 5:15-18.

8. What does Paul say will happen to "...them that trouble you..."? II Thessalonians 1:4-9.

9. What will happen before the Lord's return? II Thessalonians 2:3.

10. Will all men have faith? II Thessalonians 3:1-3; Revelation 1:5-7; 19:11.

NOTE: We can count on Jesus, but men can deceive us.

Lesson for Sabbath, June 15, 2024

PAUL TO TIMOTHY

Scripture Reading: I Timothy 1.

Golden Text: I Timothy 2:5.

1. Was the Law made for a righteous man? I Timothy 1:8-10.

2. What was the apostle like before he was baptized? I Timothy 1:12-13; Acts 8:3; 9:1-5.

3. How did he compare himself with other sinners? I Timothy 1:15.

4. How many mediators are there for mankind? I Timothy 2:5; Hebrews 7:24-28.

5. Why should a woman not teach nor usurp authority over the man? I Timothy 2:11-14.

6. What are the qualifications for a bishop? I Timothy 3:1-7.

7. How does Paul explain the mystery of godliness? I Timothy 3:16.

8. What will happen in the latter times? I Timothy 4:1-3.

9. Are all creatures good? I Timothy 4:4 (first part); Genesis 1:31.

10. Are all creatures good for food? I Timothy 4:4 (last part) to 5.

NOTE: Food can be eaten after doing two things: 1) checking to see if it is sanctified by the Word of God, and 2) praying over it.

11. Where can we find the food that is sanctified by the Word of God? Do a study on Leviticus 11:1-17 so you can understand the difference. Read Leviticus 11:44-47. For additional study, see Deuteronomy 14:3-21.

Lesson For Sabbath, June 22, 2024

PAUL TO TIMOTHY, PART II

Scripture Reading: I Timothy 5.
Golden Text: II Corinthians 12:14.

1. Are masters worthy of honor by a believing servant? I Timothy 6:1; Ephesians 6:5.
2. What does Paul say about being content? I Timothy 6:6-8.
3. What can happen if one strives after riches? I Timothy 6:9-10.

NOTE: It seems like Paul is telling us that the less we have, the easier it is to leave or let go of when the time comes. Remember Lot's wife?

4. What did Jesus say about treasure? Matthew 6:19-21; see also Proverbs 28:20.
5. How is Timothy to speak to the rich? I Timothy 6:17-19.
6. Who helped Timothy with his faith? II Timothy 1:5; 3:15; 4:6-7.
7. Have we been given the spirit of fear? II Timothy 1:7-9; Romans 8:15; I John 4:18.
8. If we died with Christ what will happen? II Timothy 2:11-12; Matthew 10:31-33.
9. Did Timothy need to study the Word of truth? II Timothy 2:15; II Peter 1:10.

NOTE: Just as professional athletes who are good at what they do still need to practice, we need to continue to study.

10. Will men always endure sound doctrine? II Timothy 4:1-4.

Lesson For Sabbath, June 29, 2024

PAUL TO TITUS

Scripture Reading: Titus 1.
Golden Text: Ephesians 4:7.

1. How does Paul refer to Titus? Titus 1:4.

NOTE: A son in the faith shows us how we are related through Abraham.

2. Are the qualifications for a bishop similar to those written to Timothy? Titus 1:6-9. (See I Timothy 3:1-7).
3. Where was opposition to their teaching coming from? Titus 1:10-11.
4. How are older men and women in the church to conduct themselves? Titus 2:1-5.
5. What about younger men? Titus 2:6-8.
6. Does Paul recognize servants? Titus 2:9-11.
7. What are some general instructions given by Paul? Titus 3:1-4.

PAUL TO PHILEMON

8. Where was Paul when he wrote this epistle? Philemon 1:3,9; II Corinthians 11:22-23.

NOTE: This is the second letter from prison.

9. What does Paul say about Onesimus? Philemon 10-11, 15-17.
10. What does Paul promise to do for Onesimus? Philemon 18-19.