

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

VI. Thou shalt not kill.

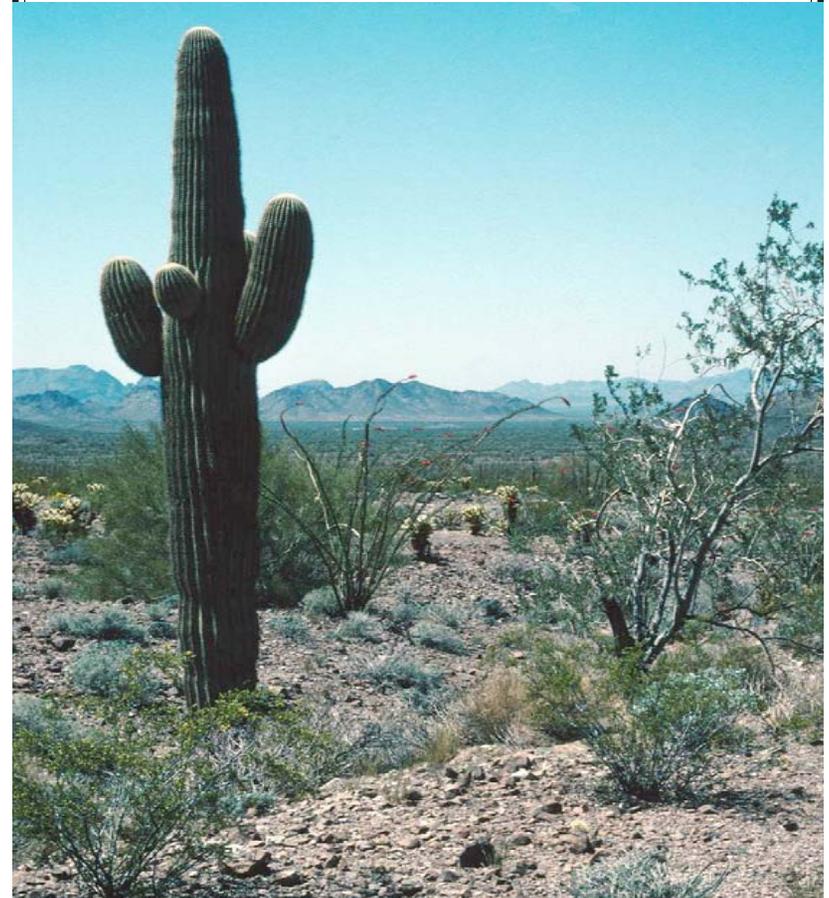
VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

THE CHURCH OF GOD SABBATH SCHOOL LESSONS



FOURTH QUARTER

2006

The Church of God Sabbath School Lessons (USPS No. 560-980) is published quarterly, one month before the beginning of each new quarter: March 1, June 1, September 1, and December 1, by the Church of God Publishing House, P O Box 328, Salem, WV 26426-0328. Periodicals postage will be paid at Salem, WV 26426-0328.

POSTMASTER: Send address changes to The Church of God Sabbath School Lessons, PO Box 328, Salem, WV 26426-0328.

Your subscription is free. If you wish to contribute an offering, your contribution will be tax deductible.

IN THIS QUARTERLY

As we walk the path God has called us to travel, there are things that can help us to make the journey easier. While Jesus never said there wouldn't be problems, there are tools to help us grow, and there are ways to measure that growth. Several years ago an expression came out, and it asked us to ask ourselves WWJD or "What would Jesus Do?" when confronted with certain situations. It is now time to ask ourselves, How do we measure up to Jesus? Only you know the answer. How are you doing?

BIBLE STUDY

Scripture Reading: II Peter 1.

Golden Text: John 17:17.

1. Does the Bible record God's words? John 17:8, 14,20.
 2. Is the word of God helpful to the believer? Psalm 17:4; 18:30.
 3. What else did the word of the Lord accomplish? Psalm 33:4-6.
 4. Why should we study the Bible? II Timothy 2:15; II Peter 1:10.
 5. Where else can we find truth? I Timothy 3:15; Hebrews 3:1-6.
 6. How should we study? Isaiah 28:9-10.
- NOTE: There are many "clues" in the Bible, but they are not all in the same place. It takes patience, meditation and much prayer to understand them.*
7. What will the Proverbs do for the reader? Proverbs 1:1-4.
 8. How will we find the knowledge of God? Proverbs 2:1-5.
 9. What will the law and commandments do for us? Proverbs 3:1-5.
 10. If we show ourselves approved, what will happen? Psalm 15.

Lesson For Sabbath, October 14, 2006

PRAYER

Scripture Reading: Matthew 6:5-15.

Golden Text: James 5:15.

1. What is prayer? Psalm 141:1-2, 42:1.

NOTE: Supplication is to implore or beseech.

2. How does the Psalmist address God? Psalm 65:2.

3. At other times, how does David address God? Psalm 8:1; 34:1; 93:1.

NOTE: We should always show respect and acknowledge the greatness and wonder of God and His creation.

4. Why should we be diligent in prayer? I Peter 5:8; Ephesians 6:18.

5. What examples did Jesus give us concerning prayer? Mark 1:35; Luke 5:16; 22:44, Hebrews 5:7.

NOTE: Jesus shows the importance of prayer and how He used it before every undertaking.

6. Was Jesus sure that God always heard His prayers? John 11:41-42.

7. Should we have the same assurance? Matthew 7:7-8; James 5:17-18.

8. Does the Lord always immediately answer the prayers of His children? II Corinthians 12:7-9.

9. On what conditions has God promised to hear and grant our petitions? I John 3:22; 5:14-15.

10. What hinders the Lord's hearing some prayers? Proverbs 28:9; Psalm 66:18; James 1:6-7; 4:3.

Lesson For Sabbath, October 21, 2006

MEDITATION

Scripture Reading: Psalm 119:73-98.

Golden Text: Psalm 119:99

NOTE: Webster's says that meditation is deep reflection on sacred matters as a devotional act.

1. What was Isaac doing when he first met Rebekah? Genesis 24:63-64.

2. What does David ask of the Lord in some Psalms? Psalm 5:1-2; 19:14.

3. After the death of Moses, how was Joshua instructed? Joshua 1:1-2, 6-9.

4. How can man be blessed? Psalm 1:1-2.

5. What are all the inhabitants of the world to do? Psalm 49:1-3.

6. When instructing Timothy, what did the Apostle Paul tell him to do? I Timothy 4:11-16.

7. The Psalmist says he will remember the words of the Lord, and what else will he do? Psalm 77:11-12, 143:5.

8. Besides meditating on the works of the Lord, what else is considered? Psalm 119:15-16, 23, 48, 78.

9. On what "things" were the Philippians told to think? Philippians 4:5-9.

10. How did Jesus instruct the disciples if they were arrested and persecuted? Luke 21:8-15.

Lesson For Sabbath, October 28, 2006

TRIALS

Scripture Reading: Romans 5.

Golden Text: I Peter 4:12.

1. What may followers of Christ expect to have in this world? John 16:33.

NOTE: Strong's indicates that tribulation can mean anguish, persecutions or trouble.

2. How many of God's children will be tried? II Timothy 3:12.

3. How important is the trial of our faith? I Peter 1:6-7; James 1:2.

4. Whom does the Lord chasten? Hebrews 12:6; Proverbs 3:12.

5. What does the Lord not willingly do? Lam. 3:31-33.

6. If we love and trust the Lord, of what may we be sure? Romans 8:28.

7. When we bear trials, what virtues will develop? Romans 5:1-4; Hebrews 12:11.

8. How should we regard even the severe trials of life? I Peter 4:12-16.

9. What are we told about temptation? I Corinthians 10:13; James 1:13-16.

10. What will happen to those who endure temptation? James 1:12.

Lesson for Sabbath, November 4, 2006

GROWTH

Scripture Reading: II Peter 3.

Golden Text: Hebrews 6:1.

1. When Jesus was asked, "Who is the greatest in the kingdom of heaven," what was His response? Matthew 18:1-3.

NOTE: Like children, we have to be meek and teachable.

2. What did Paul say about his own growth? I Corinthians 13:11.

3. We are encouraged to grow in grace and knowledge of what being? II Peter 3:18.

4. Why is this? Acts 2:32-36; 4:10-12.

5. What else is needed for growth? John 16:7-13.

6. To support this growth, what is necessary? Luke 6:47-48; I Corinthians 3:11-15.

7. After we establish a good foundation and we allow the Holy Spirit to guide us, where else can we go? II Timothy 2:15; 3:16-17.

8. How does Peter tell us about growth? II Peter 1:1-8.

9. What does the writer say to the Hebrews about growth? Hebrews 5:11-14.

10. How can we prove we have grown? Galatians 5:16-25.

Lesson For Sabbath, November 11, 2006

BEING AN EXAMPLE OR WITNESS

Scripture Reading: I Peter 2.

Golden Text: Matthew 28:19-20 (first part).

NOTE: Since we are footstep followers of Jesus it is necessary to pay attention to what He said and did.

1. When Jesus called His disciples, what did He say to them? Matthew 4:18-20, Mark 1:16-20; John 1:43.
2. How did Peter respond when the Lord filled his net with fish? Luke 5:4-8.
3. What did the Lord say and what did Simon's partners do? Luke 5:9-11.

NOTE: The disciples recognized Jesus as the "Hope of Israel" and immediately followed Him.

4. How does the Apostle Paul express this idea? I Corinthians 11:1.

NOTE: He did not only say follow me, he added to follow him as he followed Christ.

5. What does Jesus tell us about being a light? Matthew 5:14-16.
6. Besides seeking the kingdom, what else are we to seek? Matthew 6:33; Psalm 5:8.
7. What was Jesus' custom on the Sabbath day? Luke 4:16.
8. What was Paul's example regarding the keeping of the Sabbath? Acts 19:8-10.
9. After Jesus washed the disciples feet, what did He say about it? John 13:12-17.

10. How does Paul encourage Timothy in I Timothy 4:12.

Lesson For Sabbath, November 18, 2006

OUR CHARACTER

Scripture Reading: Ecclesiastics 2.

Golden Text: Isaiah 64:6.

1. What kind of people does God choose? I Corinthians 1:26-28; Matthew 11:25.
2. Why does He choose "the base things of the world?" I Corinthians 1:29-31.
3. When Jesus calls us the salt of the earth, of what are we reminded? Matthew 5:13.
4. What did the Lord say about our righteousness? Matthew 5:20.
5. What did He say about the Scribes' and Pharisees' righteousness? Matthew 23:27-28.

NOTE: The Scribes and Pharisees were all about outward appearances or show. We must be concerned about the spiritual. What God can see, man cannot see.

6. What kind of people make up the church? I Corinthians 6:9-11.
7. How was a change accomplished? Romans 6:1-6.
8. Is there a continual struggle to serve God? Romans 7:14-25.
9. What example does Paul give us to help develop our character? I Corinthians 9:24-27.
10. How can we form a good foundation? I Timothy 6:17-21.

Lesson For Sabbath, November 25, 2006

HOW JESUS DISPLAYS HIS LOVE

Scripture Reading: Galatians 2.

Golden Text: II Corinthians 8:9.

1. What did Jesus give on our behalf? Galatians 2:20; Ephesians 5:2; I John 3:16.
2. What did Jesus do for those who sin? Luke 7:48; Revelation 1:5.
3. Did Jesus seek the lost? Luke 15:4-7; 19:10.
4. When the multitude was with Him for a few days, what did He supply? Matthew 15:32-38
5. Jesus said He would not leave us comfortless. For what did He pray? John 14:16-18.
6. Does Jesus want us to have peace and joy? John 14:1-4,27; 15:11.
7. Did Jesus ever pray for anyone? Luke 22:32; 23:34; John 17:9,15-20.
8. Even while He was dying, He was concerned about His mother. John 19:26-27.
9. Is Jesus able to keep His own from being lost? John 17:12; 18:8-9.

NOTE: He will not turn His back on us, but we can turn our back on Him.

10. Can Jesus relate to our lives? Hebrews 4:15-16.

Lesson For Sabbath, December 2, 2006

HEALING

Scripture Reading: Matthew 8:1-17.

Golden Text: Matthew 4:23.

1. When Jesus' fame went throughout all Syria, what kind of people were brought to Him? Matthew 4:24-25.
2. Was it necessary for Jesus to lay His hands on someone to heal him? Luke 7:1-10.
3. After the Exodus, what did the Lord tell Israel? Exodus 15:26.
4. How did David praise the Lord and tell us of the same blessing? Psalm 103:1-3.
5. Besides physical ailments, what else can be healed? Psalm 147:1-3.
6. The preacher tells us "to everything there is a season?" What does he say about healing? Ecclesiastics 3:1-3.
7. When Jesus was asked "Is it lawful to heal on the sabbath days," what was His response? Matthew 12:9-13.
8. What did the Pharisees do? Matthew 12:14.
9. How did Jesus respond? Matthew 12:15-21.
10. How can we help each other to receive a healing from the Lord? James 5:16-20.

Lesson For Sabbath, December 9, 2006

GIFTS

Scripture Reading: Ephesians 4:1-32.

Golden Text: Matthew 7:11.

NOTE: The Bible talks of many gifts. Not all of them are spiritual.

1. After Isaac was born, what did Abraham do for the sons of his concubines? Genesis 25:5-6.
2. When the Queen of Sheba visited Solomon, what did she bring to him? I Kings 10:1-2.
3. When Esther was selected queen, what did the king do? Esther 2:17-18.
4. After Jesus was born, the wise men visited Him and brought Him what kind of gifts? Matthew 2:9-11.
5. Do we all have the same gift in the body? Romans 12:3-8.
6. What does Paul say about spiritual gifts? I Corinthians 12:1-11.
7. What else did God set in the church? I Corinthians 12:27-31.
8. Sometimes a gift is not always good. Proverbs 17:23 (a bribe).
9. What is Abel's sacrifice called? Hebrews 11:4.

NOTE: Not only was Abel's sacrifice proper, he also had the right attitude.

10. Of what are we reminded? II Corinthians 9:7.

Lesson For Sabbath, December 16, 2006

CHARACTER OF JESUS

Scripture Reading: John 1:1-34.

Golden Text: Acts 3:14.

1. How does the prophet Isaiah describe Jesus? Isaiah 53:1-5.
2. Jesus tells us a few things about Himself. What are they? Matthew 11:29; 20:28.
3. When talking about Jesus, the Apostle, John uses what attribute? I John 2:1.

NOTE: Strong's indicates that the word "righteous" in this verse means innocent, holy or just.

4. What does the Psalmist say about this? Psalm 45:7. Compare this with Hebrews 1:9.
5. When Jesus returns, how will He judge and reprove? Isaiah 11:3-5.
6. What does Jesus say about His judgment? John 5:30.
7. How does Paul explain the grace of the Lord? II Corinthians 8:9.
8. After His triumphal entry into Jerusalem, what did Jesus do? Luke 19:35-41.
9. How does the Apostle Paul describe the mind of Christ? Philippians 2:5-8.
10. What was the Lord experiencing while He was praying in the garden at Gethsemane? Mark 14:32-34; Luke 22:39-44.

NOTE: Gethsemane means oil press.

Lesson For Sabbath, December 23, 2006

OUR LOVE

Scripture Reading: I John 2.

Golden Text: I John 5:2.

1. What does Jesus say about the flesh? Matthew 26:41.
2. How does Paul describe the carnal mind? Romans 8:7-8.
3. When Paul writes to Timothy about perilous times, what does he say? II Timothy 3:1-5.

NOTE: We do not want to be like those people mentioned.

4. From where does love come? I John 4:7-10.
5. If we are fleshly and carnal, how does God bring about change? Romans 2:1-4.
6. How can we display our love? John 14:15; 15:12-14,17.
7. Will everyone love Jesus? John 14:22-24 (first part).
8. Was it necessary to love God first? Romans 5:8-11; John 3:16-17.
9. Are we only supposed to love the brethren? Luke 6:26-35.
10. What great example did Jesus give for us to follow? Matthew 26:57-68; 27:11-14; Isaiah 53:7.

NOTE: Let us forsake the love of the world, and seek to love the Lord and one another.

Lesson For Sabbath, December 30, 2006

PRIDE AND HUMILITY

Scripture Reading: Romans 11:1-25.

Golden Text: Psalm 35:13

1. What can pride do? Proverbs 16:5.
2. Is pride something the Lord hates? Proverbs 6:16-19.
3. If we are not careful, what can follow pride? Proverbs 16:18.
4. What is a great example of this kind of pride leading to destruction? Ezekiel 28:11-19; Isaiah 14:12-14.
5. Compare pride to humility. Proverbs 11:2; 13:10; 14:3; 15:33.
6. What will humility and fear of the Lord bring to the believer? Proverbs 22:4.
7. How did the Apostle Paul serve the Lord? Acts 20:17-19.
8. How can we become great in the kingdom of heaven? Matthew 18:1-4.
9. Who will be exalted? Matthew 23:1-12.
10. What do we need to do to receive grace and be lifted up? James 4:1-10.